



Photography: Les Mann

## 'There's no business like...'

Dean Bilstein, who will be portraying Frank Butler in the Wayne Community Theatre Production of "Annie Get Your Gun," is trying to convince Annie Oakely, played by Teri Higbee, that "there's no business like show business," as they sing one of the hit songs from the popular Broadway musical. The two, and others from the community theatre cast entertained members of the Chamber of Commerce at the Chamber Coffee Friday. The production takes to the stage at Ramsey Theater for performances at 8 p.m. this Thursday through Sunday.

## Sheriff is on the move

Wayne County Commissioners have moved ahead with a lease agreement which will ultimately relocate the sheriff's office from the Juvenile Detention Center building into the courthouse offices currently occupied by the Division of Social Services.

The move will require the relocation of the Social Services office to a newly acquired building east of Wayne.

The moves were anticipated to take place within 60 days. The county acquired the office building known as the old ESU I Building in a lease agreement that will allow

federal reimbursement for the lease fees, according to commissioner Merlin Beiermann. Reimbursement for expenses related to housing the sheriff's operation is not available, he said.

He explained the move will ultimately allow the county to save money since the ESU building meets most handicap accessibility standards and fire codes.

Moving the sheriff's operation out of the JDC building was necessitated by the new inter-local agreement and administration of the detention center by a group of counties.

Previously, the Wayne County Sheriff had administered the facility and relied on the building for office space.

The only snag in the whole plan was the storm damage sustained by the new ESU building being constructed near the Wayne America water tower.

The damage may delay the ESU move from the old building by as much as 30 days according to Beiermann.

"Everybody's just going to have to sit tight until everything's ready," he said.

## More growth expected

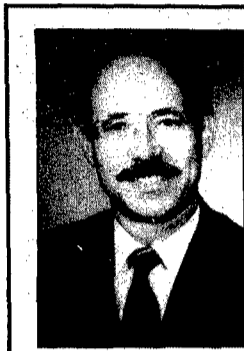
# College is poised for a frantic fall

By Les Mann  
Herald Publisher

Practical and astute management of resources and opportunities has led to dramatic growth at Wayne State College and will continue to provide students and the community with a better college than modest state funds can support.

In an overview of the state of the campus, President Don Mash analyzed the successes and improvements students will enjoy when they return next week and outlined plans for the future of Northeast Nebraska's regional college.

Examples of the college's enhancements which will improve life and educational opportunities for its students — all developed on a shoestring budget that is getting tighter all the time — are many Mash told the Herald in an interview.



Dr. Donald Mash

**'We want to avoid any elitist atmospheres'**

"THE COLLEGE will be equal to the task," he said of another anticipated fall of unprecedented enrollment gains.

Students arriving this fall will benefit from a huge new parking lot, an innovative computer system with ready access for every student, remodeled-dorms and a park-like campus that benefited from new plantings and a summer of near perfect growing conditions.

The upgrading of the campus utility system which included new fiber optic connections between all buildings and new phone lines will be part of a tremendous new technology advancement for students and faculty alike, said Mash.

EACH DORM room will have local telephone service as part of the new system and the acquisition of some 200 new computer workstations for students will give them more access to computer time

and network research opportunities.

The goal also will be to have every faculty member provided with a computer tied to the college's main frame for administrative functions, said Mash. The new equipment was provided in part through a donation of hardware from Gateway 2000 and the work of Dennis Linstler, associate professor of business.

Computer and communication enhancements obtained with minimal financial cost will put WSC at the fore in technology opportunities for students, said Mash.

THE UTILITIES work, which required extensive excavation throughout campus as lines were laid between buildings, has been completed and sod has been laid over the scarred ground, greatly enhancing the look of the campus for returning students, said Mash. You

couldn't have asked for a better year to lay sod, he said.

The college's ambitious "self help initiatives" will help WSC survive a continued bleak state budgeting period, said Mash. Energetic marketing efforts to attract students to the college has filled the dorms which provides additional tuition and dollars to improve campus buildings, said Mash.

He also cited the substantial contribution of the college's ongoing national foundation drive as a major factor in permitting the campus to survive what is likely to be additional state budget cuts.

TWO NEW bookstores will also greet students returning to Wayne. Barnes and Noble bookstore will be housed at the Student Center and The Student Bookstore is directly across the street from the campus.

Other additions this fall include an increase of approximately five full-time faculty equivalent positions.

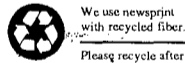
"We've made just wonderful progress from a few years ago," said Mash, who is entering his fifth year as college president. He said in 1988 the college had 1,000 students living in dorms. This year dorm enrollment will be approaching the 1,600 student limit on space.

"WE'VE ALREADY begun planning for another dorm," he said. Other building needs in the near future will include scheduled construction of a new business building, hopefully beginning in 1993 and an addition to the student center.

"In five years we will be bigger," said Mash who added he can't predict exactly how much bigger. He did say he does not think the college can continue to sustain growth rates

See COLLEGE, page 10A

## At a Glance



This issue: 2 sections, 20 pages — Single Copy 50 cents

### Thought for the day:

*Something always comes to those who hustle while they wait.*

### Season is over

WAYNE — The Wayne City Swimming pool closes for the season Sunday, Aug. 23 at 8:45 p.m. Parents are reminded to stop by the pool and pick up swim cards for all sessions if their child passed a swimming course.

### District 57 set to go

WAYNE, CO. — Classes for students in District 57 south of Wayne are set to begin Monday, Aug. 31 at 9 a.m. The regular school day is 9 a.m. to 3:30 p.m.

Teachers will be Shelly Schultz, Gloria Leseberg and Margaret Huetig.

### Test plot day

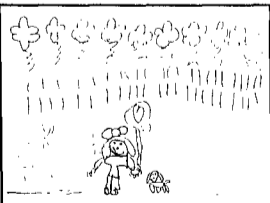
STANTON — The Northeast Nebraska Corn Growers Association will hold its test plot field day Aug. 25 from 6 p.m. to dark 5.5 miles east from the Junction of Highways 15 and 32.

Refreshments will be served and everyone is invited to attend.

### Taxpayer search

WAYNE — The Nebraska Department of Revenue is trying to locate Deanna L. Luhr whose address is on file as RR2, Box 88 of Wayne.

It's good news they have though. She is on the list of Nebraskans who have refunds coming that they have not claimed. The refund is for the 1991 tax year according to Berri Balka, tax commissioner.



### Weather

Natalie Rauss, 7  
Wayne City School

Extended Weather Forecast:  
Thursday through Sunday; chance of thunder storms late Friday into Saturday, otherwise fair; highs, mostly in the 80s; lows, upper-50s to mid-60s.

Date	High	Low	Precip.
Aug. 15	71	46	—
Aug. 16	74	46	.04
Aug. 17	76	58	—
Aug. 18	76	58	—

Recorded 7 a.m. for previous 24 hour period  
Precipitation/Month — 3.29

## Recycling comes to Wayne

Waynians have a new recycling center to take materials to thanks to an agreement between the city and Norfolk Recycling.

A lease arrangement was agreed to last week between the city and the 9-year old recycling company to house the collection center in the old Husker Building at 209 Windom.

The center opened Monday and Chris Alexander said initial interest has been encouraging. The center is open from 9 a.m. to 5:30 p.m. Monday, Friday and Saturdays. Currently the center is paying for aluminum cans and foil, and automotive batteries. The center also is accepting steel cans, glass, plastic and newspapers for recycling. Alexander said the newspapers dropped off at the center are all donated to the local Boy Scouts for their newsprint recycling program.

Future plans call for a program to recycle computer and office paper, at the Wayne center, said Alexander.

"I don't think we are going to have a choice about recycling in the future," said Alexander. He said he thinks recycling will be mandated by law.

"Most of the public is definitely in a mood to start recycling," he added.

For its part, the City of Wayne has shown its desire to help recycling efforts along, said City Administrator Joe Salitros. He said the city removed yard wastes from the refuse stream two years ago with a composting program and that recycling is a logical approach to valid environmental concern.



Photography: LaVon Anderson

## Fire damages business

WAYNE VOLUNTEER FIREMEN responded to a call shortly after 10 a.m. on Tuesday to the Big Dipper, located on north Main St. Although it appeared that the business suffered smoke and water damage, firemen and the state fire marshal remained on the scene Tuesday afternoon and no information was available at Wayne Herald press time.



# persuasion

*n.* \per-swa'zhən\ 1. the act of persuading. 2. Expressing opinions with the goal of bringing others to your point of view. 3. communication on issues. 4. an exercise in freedom. 5. editorializing and letter writing. *syn:* see OPINION



## Editorials

### Continue the legacy

Nature's way of creating a vibrant healthy environment for living things often leaves us saddened and depressed when we see stately 100-year old trees felled by the power of a single wind storm.

Hundreds of the area's beautiful, mature trees and still more of the yet to mature trees have been killed or mortally wounded by a series of severe storms in recent months.

Last fall's ice storm felled a few trees and weakened many. This spring strong winds and hail stripped foliage, broke more limbs and weakened more trees. Then last week's sustained winds left downed trees all over the community.

Foresters say it is only a matter of time before others of the Wayne area's stately trees succumb to the ravages of mother nature's triple threat.

But there are still healthy vibrant trees standing, and the vacant spaces where majestic trees once stood now remind us to redouble efforts to plant new trees.

We encourage residents to talk to state forestry experts to learn the best tree varieties for our area and to learn the best planting, location and nurturing methods to ensure that our urban forest continues to thrive.

We now benefit from the forward looking efforts of the founders and early builders of the community who planted thousands of trees, those which are now mature.

We owe it to future generations to continue the Tree City legacy.

### You made fair success

Wayne County Ag Society Secretary Leland Herman says there were 16,651 reasons why the Wayne County Fair was a success. The Ag Society board has issued official thanks to each and every one of those reasons.

Herman said he arrived at the number by totaling the 250 volunteers who contributed upwards of 1,500 man-hours of labor in fairgrounds preparation and cleanup.

He factored in the 173 business and individual contributors to the free barbecue and the fair in general.

He added the total number of individuals and organizations that sponsored events including talent shows, style revues, horse shoe pitching, pitch tournament, square dancing, pie making and many others.

He added all the Wayne County Banks into the equation because of their donation of funding for the White Horse Shrine Patrol performance.

He totaled up the number of directors, members and officers of the Wayne County Ag Society who worked hard on the organization of the fair for over a year.

Then he added the total number of people who bought tickets and attendance buttons and came to the fair to participate and enjoy.

The subtotal Herman arrived at was 16,650.

Wait, isn't that one short. Well, yes it is said Fair Promoter Herman.

Add one more for "you."

## A new column for 'Wayneighbors'

Howdy! Welcome to Noodlehead Acres. Glad you turned to this section of the Wayneighborhood. Join me weekly for a variety of news, tidbits, observations, comments and what have you.

By the way, items you believe would be enjoyed by your Wayneighbors living throughout Wayneland will be appreciated. Either drop them in the mail in care of the Wayne Herald or stop in and leave them at the front desk.

x-x-x-x-x-x-x-x-x-x-x-x-x-x

Does anyone remember if there was ever a carved wooden Indian figure on Main in Wayne? Most of these wooden figures found their heyday in the period of 1850-1890 and stood in front of tobacco shops. Has there ever been one in town? It seems these "Cigar Store Indians" disappeared along with long skirts. The latter won't likely be returning either.

x-x-x-x-x-x-x-x-x-x-x-x-x-x

How numerous are the unsung heroes in our Northeast Nebraska communities! Such folk help make

our area a good place to live. The school bus drivers, for instance, who face snow, sleet, rain, sunshine, mud, muck and mire transporting pupils to and from school. How about the volunteer fire department personnel who face the same elements at all hours of the day or night! Then there are the law enforcement officers, doctors, nurses, ministers, emergency crews, utility line employees, and street department staff! A salute to each and all of you who make life more pleasant for others. We'd run out of space if we started mentioning everyone including educators, dentists, and other business people who contribute financially to every cause that moves on Main Street! Thanks Wayneighbors!

x-x-x-x-x-x-x-x-x-x-x-x-x-x

People who steal Christmas decorations, and Memorial Day flowers off graves, are likely bored to death at this time of year. These thieves are so mean, not even their imagination would want to run away with them.

**Noodlehead Acres**

By Raisin I. Brows

x-x-x-x-x-x-x-x-x-x-x-x-x-x

During the 1870's there was a group known as the Sazrac Lying Club in a little mining town of Austin, Nevada. This group composed of pioneers attempted to see who could tell the biggest whopper of a lie. Gossips such as every community has weren't allowed to join due to their professionalism in the art! There are no liars in Wayne. Making that statement with tongue in cheek should qualify me for an office when they band into a club.

## Don't look for much substance

These seem to be the easiest times in the world for newspaper columnists. Political conventions and campaigns make great grist for the mill. But the stuff that is coming out of the mill seems to be all fluff.

Have they muzzled Hillary? Are snoopy reporters asking too many personal questions? Should candidates' personal morals be called into question? Are George and Barbara fighting over the abortion issue? Why should a scumwad reporter suggest that the president would risk American lives in an Iraqi showdown just to win reelection votes?

Is there anything of substance in all this?

Very little, I wager.

The real issues seem to be lost in the folderol over who is raising them, why and whether the media can foment conflict between and within the rival political camps.

Meanwhile, what are the positions on the rampant deficit? Who's got the best plan to deal with the crisis in health care? What should our leadership role be as ace consumers and abusers of the world's ecological resources? What should our position be in the emerging new

European and Euro-Asian social and economic orders?

You don't hear as much about these questions and other crucial issues as you do about whether Bush will dump Quayle and what Hillary's plans for redecorating the Oval office would be.

Here's hoping after the conventions, we turn to these more valid issues and leave the fluff behind.

Vain hope though it may be.

**Is but to laugh**

Politics would be laughable if there weren't such serious consequences as a result of the process.

Still, through out history, we have been able as a nation to poke fun at ourselves and the process that makes this summer such an enjoyable one for slavering, snoopy reporters.

I recall the story about the late Sen. Claude Pepper of Florida who lost an election in 1950 after one of his opponents attacked him as follows: "Are you aware that Claude Pepper is known all over Washington as a shameless extrovert? Not only that, but this man is reliably reported to practice nepotism with his sister-in-law, and he has a sister who was once a thespian in wicked

**Main Overboard**

By Les Mann

New York City. Worst of all, it is an established fact that Mr. Pepper, before his marriage, habitually practiced celibacy."

**Not two-faced**

During an early Lincoln-Douglas debate, the future craggy-faced president no doubt won numerous votes when he responded to Douglas' claim that he was "two-faced."

"I leave it to my audience," retorted Lincoln, "If I had two faces, would I be wearing this one?"

**The S.O.B. Party?**

President Calvin Coolidge (1872-

1933) was called upon during his term in office, to comment on the candidacy of a man being considered for the Republican senatorial nomination. The request for comment came from Sen. George Moses, obviously of the other party, who prefaced his question with the personal observation that the candidate in subject was "an out-and-out S.O.B."

"That could be," Coolidge is said to have replied, "but there's a lot of them in the country and I think they're entitled to representation in the Senate."

**Needed: Voice to listen to**

Escaping Washington D.C. for a trip to the Midwest during his presidency, Woodrow Wilson (1856-1924) told an audience, "Things get very lonely in Washington sometimes. The real voice of the great people of America sometimes sounds faint and distant in that strange city. You hear politics until you wish that both parties were smothered in their own gas."

## Letters

### Editorial is debatable

Dear Editor:

Ref: your editorial "Not a fair trade"

While you have your facts pretty straight in your first five and 10th paragraphs, the rest is pretty debatable.

To me "The Issue Is"

- Should our State be run by laws instead of feelings?
- Do we have Laws?
- Are they constitutional?
- Should the laws of our State be enforced?
- Should justice be served?

The answer to these questions is a resounding YES.

2. It's not revenge - it is justice.

3. Properly administered - this law would be a great deterrent to these ghastly crimes.

4. Laws are to protect our citizens. The vast majority of victims are women and children.

5. Those who argue racial prejudice are groping for excuses. Last one down was Starkweather. After O'tey would probably be Joubert.

6. Psychiatrists now admit rehabilitation of this type of criminal is virtually impossible. Let's make our streets safe.

Wilbur E. Giese  
Wayne, NE

### Chicken P.S.

Dear Editor:

As a postscript to 1992 Chicken Show T-Shirt Fans; my husband and I attended the Aug. 10 evening concert at the Ray Stevens Theatre in Braoson, MO. The music presented was excellent and the show was very funny, especially when Ray Stevens introduced his hit song, "The Streak."

He said that someone had advised him to add class to this number, so his 350 lb. blond singer/comedienne proceeded to come on stage dressed as a Wagnerian opera heroine complete with breastplate. She looked like the chicken on this year's "Chickens in Song" shirt blown up ??? times.

This week I mailed him a T-shirt along with Wayne Herald clippings from June 22 and July 16 (I hadn't recycled yet!). I told him to pass along information to his band about the National Cluck-Off Contest since three members of the band gave Lyle George-style imitations of chickens at one point in the show; and I also put a star beside the picture of the Chickendales float.

So let's approach the issue on a rational reasoned level.

1. It's the law. O'tey has been convicted and sentenced.

Pat Cook  
Wayne, NE

## Choirboy look of chancellor is deceiving

By Melvin Paul  
Statehouse Correspondent  
Nebraska Press Association

LINCOLN — To meet Graham Spanier, the new chancellor at the University of Nebraska-Lincoln, is meeting a choirboy.

He has the look of the guy who was the captain of your high school chess team. Very soft-spoken. He's the kind of guy the bully would just love to beat the tar out of.

But don't mess with this guy. The looks can be deceiving. This man has backbone, and he's proved it many times over since he took over at UNL last fall.

He even took on the biggest, hairiest gorilla of them all -- the University's football team -- and he won. He's made tough decisions, and made them decisively.

If he sticks around for awhile, you get the impression the Lincoln campus is in for big changes. He's shaking up the old school, something a lot of people say it needs.

Spanier came to Lincoln from Oregon State University, where he was the No. 2 honcho, and was immediately faced, with making \$4 million in budget cuts.

A University committee had been dorking around over the cuts for months without reaching any agreement. He took care of it in days. In fact, the cuts were a drop in the bucket compared to what he had had to make at OSU, where he had cut out the marching band and entire departments when the finances went sour there. He'll likely have to do more of that before he's done here.

He quickly saw that the University had racial problems. Racism is prevalent, and the minority population of the school is low when compared to the percentage of minorities in the state. Throw out scholarship athletes, and the figures are even worse. That will change, he has vowed.

And then there's the athletic director situation.

The Regents had already decided it was quitting time for Bob Devancy, who -- ya gotta love him -- frankly is getting pretty ancient.

Husker Coach Tom Osborne, who doesn't like change, can be very stubborn (Don't believe that? How long did it take him to decide the pass was back in college football?), wanted an athletic department insider to get the job. Keep it in the family, he said.

But Spanier from the start wanted to go outside, feeling some new blood and new ideas wouldn't hurt in a department that has been run by the same guys the same way for the last 20 years.

It was the ultimate confrontation. It was going to determine whether Nebraska was a university with a football program or a football program that offered classes on the side.

Making things even tougher for Spanier was that the old boys, who had helped make Martin Massengale a finalist (and succeeded by the way

for the N.U. President's job were also working to make their man a finalist in this search. Boosters said they would not give money if Tom didn't get his way, and they said their talks with Osborne had indicated he might leave, too.

It all had the potential to make the A.D. search the same fiasco the president's had been two years earlier.

In the end, Spanier didn't buckle, and he got his man, Bill Byrne from Oregon, who has a reputation as one of the most innovative A.D.'s anywhere.

Only time will tell whether he's made the right decisions. But if change is good -- and I think it is -- it might not hurt for everyone to sing out of the same choir book as this choirboy for awhile.

The views expressed in Capitol News are those of the writer and not necessarily those of the Nebraska Press Association.

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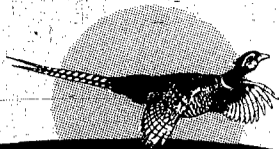
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# sports

n. \ˈspɔrts\ 1. a source of diversion or recreation. 2. a particular activity (as hunting or athletic game) engaged in for pleasure. 3. persons living up to the ideals of sportsmanship. 4. the object of enjoyment for spectators, fans and newspaper sports page readers. syn: see FUN

## Doug Rose claims title of Wayne Country Club Champ

The Wayne Men's Club Golf Tournament was held Sunday at the Wayne Country Club with 91 competitors in 10 different flights.

Doug Rose emerged as the club champion after firing a 27-hole score of 109—just one over par. Rose blistered the front nine with a two-under par 34 before settling with a 38 on the back nine for an even par round heading to the final nine holes.

Rose held a one stroke lead over Eric Runestad after the first 18 holes and a three stroke lead over Dave Nicholson. In the championship round Rose bogied the first hole before notching a birdie on the par five number two.

He then parred three, four, five and six before a bogey on seven. Rose birdied eight and bogied nine for a final nine hole score of 37 which easily out-distanced his closest competition by four strokes.

Nicholson earned the runner-up honor with a 113 while Eric Runestad placed third with a 113. Fourth place went to Ken Dahl with a 113 and fifth place went to Dave Ellis with a 114—one stroke ahead of his father Ted, who settled for sixth place.

"This has been my best summer of golf ever," Rose said. "I've dropped my handicap a little over two strokes which is tough to do when your handicap is under 10."

Rose said his handicap stayed at nine for about four years before lowering it to 6.9 at the present time. Although conditions were on the windy side, Rose said the wind may have helped him.

"I think I play better in the wind because I can concentrate more," Rose said. The best wind hole played by Rose was on number five where he hit a driver into the wind about 100 yards short of the green on the fairway and then followed that up with a pitching wedge which went in the hole for an eagle.

Rose said he never thought about the size of lead he had until the final two holes when he began wondering if he had a lead he could hold. "You never know what anyone else is golfing until you get done," Rose said. "I started thinking I'd be fine after playing the first seven holes at one over par during the final nine, and then I birdied eight with a long putt which put me back to even and I felt my chances were pretty good."

There were nine other flights in the annual club tournament with John Fuelberth earning championship honors in the first flight with a 77 while Duane Blumenkamp placed second with a 79. Val Kienast placed third with an 81.

Gene Claussen captured the second flight with an 81 while Don Sund placed second with an 84. Dave Diediker placed third with an 87. The third flight was won by Chuck Surber with an 84 while Pat Garvin placed second with an 85. Quentin Preston placed third with an 85.

The fourth flight was won by Terry Luhr with an 84 with Bill Sharpe earning runner-up honors with an 86. Kevin Peterson placed third with an 87.

The fifth flight was won by Don Lutt with an 86 while Morrie Sandahl placed second with an 86. Ray Murray finished third with an 88. The sixth flight was captured by Don Preston with a 79 while Scott Brummond finished second with an 87. John Anderson placed third with an 89.

Bob Chaney won the seventh flight with an 88 while Steve Muir placed second with a 90. Jerry Denton finished third with a 90. Bob Nelson captured the eighth flight with a 91 while Joe Salitros placed second with a 98. Gerry Shafer placed third with a 100.

The ninth and final flight was won by Steve Meyer with a 92. Les Keenan placed runner-up with a 95 and Cory Leseberg finished third with a 104.



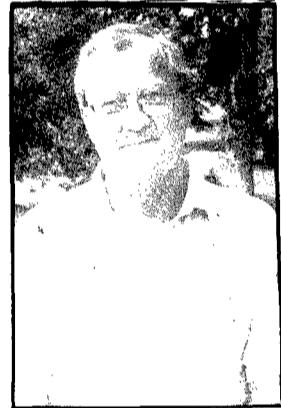
DOUG ROSE captured the Wayne Men's Club Golf Tournament with a 27-hole score of 109, Sunday. It was the first championship tournament victory for Rose.



DAVE NICHOLSON chips a ball during the final nine holes of Sunday's championship play. He finished second.



John Fuelberth  
First Flight Champion  
Score—77



Gene Claussen  
Second Flight Champion  
Score—81



Chuck Surber  
Third Flight Champion  
Score—84



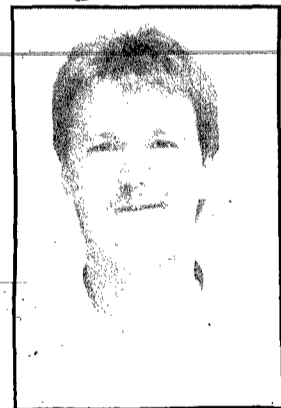
Terry Luhr  
Fourth Flight Champion  
Score—84



MEMBERS OF the runner-up sand volleyball team Sand Sluggers include from back row left to right: Greg Kallhoff, Jim Broer, Jerry Echtenkamp and Loree Rastede. Front row: Patsy Murphy, Marlene Broer and Wendy Broer.



Morrie Sandahl  
Fifth Flight Champion  
Score—86



Don Preston  
Sixth Flight Champion  
Score—79



Bob Nelson  
Eighth Flight Champion  
Score—91



Steve Meyer  
Ninth Flight Champion  
Score—92

### Sand Volleyball

Lucky 13	25	5
Sand Sluggers	25	5
Joanie Roberts Team (Winside)	20	10
Brew Crew	18	12
Randy Gamble Team	17	13
Lifeguards & Bums	16	14
Jaycoes	15	15
Sand Rockets	14	16
Kelly Pichler Team	14	16
Giese Team	12	18
Bankard #2	10	20
Frontal Lobes	9	21
Bankard #1	9	21
Team #14 (The Cats)	4	26

These are the final standings for the Sand Volleyball League in Wayne. Lucky 13 captured first place because they defeated Sand Sluggers in head-to-head competition during the regular season.

Team members of the third place team of Joanie Roberts include Roberts, Brad Roberts, Jenny Jacobsen, Rick Bowers, Tim Jacobsen, Jennie Topp, Jeff Butler, Connie Butler and Scott Kneiff.

Members of the fourth place team of Brew Crew include Todd Oborny, Kent Stallbaum, Kelly Stallbaum, Danielle Fallesen, Jennifer Hammer, Tanya Rotherham and Heather Rotherham.



MEMBERS OF the championship sand volleyball team Lucky 13 include from back row left to right: Matt Krusemark, Matt Heineman and Tony Krusemark. Front row: Lisa Blecke, Cathi Harding and Pam Krusemark. Not pictured is Ken Addink.

## WSC football team reports with Mott

The Wayne State College football team opened Fall camp over the weekend with all-America quarterback Troy Mott taking part in drills.

Last week, Mott stated he would not return for his senior season due to personal reasons. According to fourth-year WSC head coach Dennis Wagner, Mott changed his mind and is expected to battle Clint Williams and Jeff Gall for the starting quarterback position.

"I made a rash decision," Mott said. "I now realize how important getting my degree is, and I'm looking forward to the season starting so I can prove myself on the field."

"The coaching staff is very pleased about Troy's decision," Wagner said. "We are also excited about the condition of the student-athletes who reported to camp. When the kids report in good shape, you can spend more time on game preparation."

Mott, 6-1, reported to camp weighing 175 pounds, 15 less than last season's playing weight. He also bettered last year's performances in Saturday's strength and speed tests.

The Napa, California native ranked third in the nation in total offense (282.2 yards per game) last Fall, and set school records in single-game completions (35), completions in a season (233), season completion percentage (57.4, 233-406), and total offense average in his first season at the helm.

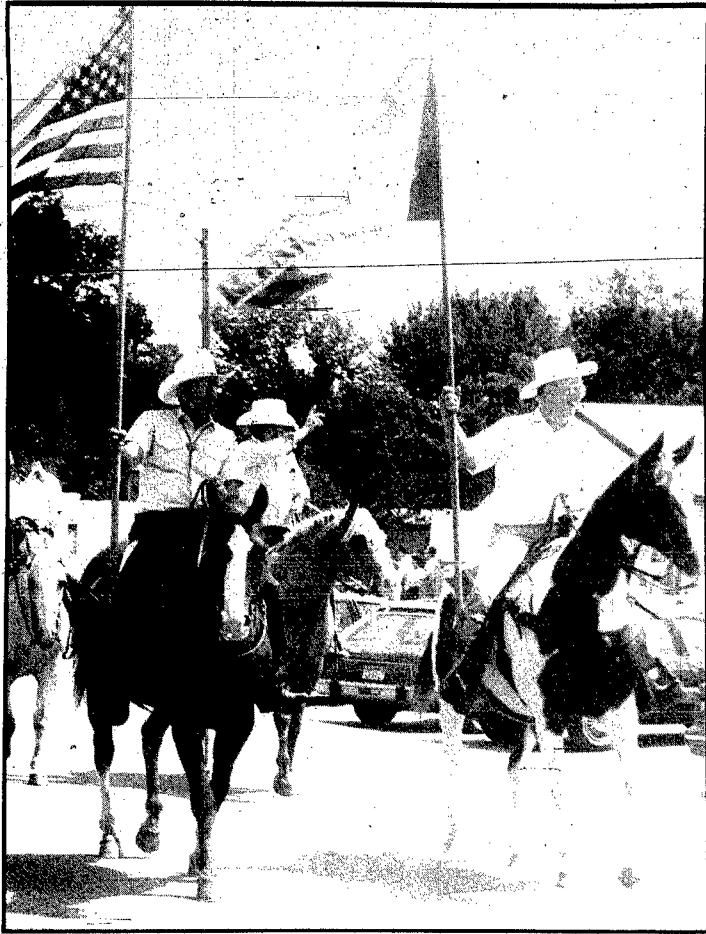
WSC will hold two workouts a day Wednesday through Sunday. The Wildcats have scheduled outdoor drills from 9:45-noon, and 4:30-7 p.m. each day.

The 'Cats open the 1992 season at Nebraska-Omaha on Saturday, September 5 at 7 p.m.

### Junior High football check-out

WAYNE—Equipment check-out for the junior high football team will take place next Monday the 24th at 4 p.m. in the middle school gym. The first practice will be held on Tuesday the 25th at 4 p.m. All seventh and eighth grade boys interested in participating must have a physical before they will be allowed to practice.





## Celebrating in Dixon

THE ANNUAL DIXON CELEBRATION took place last Saturday and included a parade, men's leg contest, mother-daughter softball games, and an evening community meal. Pictured are parade scenes and the youngsters who faithfully cleaned the streets of candy, including busy bee Zach Roeder, center photo. In the photo at right, Trista Nelson holds her candy sack open in anticipation.

Photography: LaVon Anderson

## Parade, games, fun at Dixon

A parade, games and contests highlighted the annual Dixon Celebration on Aug. 15.

Following the afternoon parade, a men's leg contest was held and winners were T.J. Fraser (hairiest), Paul Pinkelman (sexiest), John Young (ugliest), Jeff Hartung (dirtiest), and Kenny Diediker (most character).

Judging the leg contest were Velma Dennis and Betty Diediker.

Betty Diediker, Swine and Roses Queen of 1991, was recognized during the afternoon and demonstrated her prize winning call of last year.

Two softball games between mothers and daughters resulted in the mothers winning a game against the younger girls (ages seven to 12), and the older daughters (ages 12 to 16) beating their mothers.

All of the girls were participants in this year's summer recreation program, and coaching the mother and daughter teams were summer recreation coaches Chuck Peters and Dave Abts.

## Rotarian to visit Aug. 19

Frank N. Goldberg, the Rotary 5660 District Governor will be speaking to the Wayne Rotary Club on Wednesday, Aug. 19 at 7 a.m. at the VFW Club.

Goldberg has succeeded former District Governor Gil Haase, formerly of Wayne, whose term expired on July 1.

Goldberg, a member of the Omaha Suburban Rotary Club since 1973, has served the District as Foundation, Membership and Extension Chairman during the past 12 years.

The Omaha Certified Public Accountant had had perfect attendance at Rotary meetings during the past 12 years. He and his wife, Leanne, are the parents of three children.

# Suffering Olympic withdrawals

There's been a sense of withdrawal this week — no Olympics. I got as nervous during those relays as if Jon, Dan, John and Dan were running for Winside! Carl Lewis is amazing; and Gail Devers is a miracle in action. When she hit that last hurdle, I could have cried, but she didn't.

The gymnasts and divers are contortionists. The guy down the street is Lithuanian and wearing a T-shirt celebrating their win over the Unified team.

We are bracing for the other political convention and then the campaign. We are in our third legislative district this year, and Stan Schellpepper is our senator now. That seems amazing to me.

And we are again shocked with TV coverage of violence in Sarajevo; and starvation in Somalia. I counted four reports of child abuse in the Lincoln paper in one issue, in Nebraska. In times like these, it's difficult to stay positive.

Kristie has been orienting to a new job in a psych unit and says she has come to realize there is a fine line separating the folks who are hospitalized and those of us who are going to work every day. This is an important fact to understand.

The mind, body, spirit connection is a much-discussed, better-understood phenomenon today. What affects one, affects the other two. Each of us has a "breaking point," as different for each as our "pain

## The Farmer's Wife



By Pat Meierhenry

\$2000 for in-patient mental health care and limits out-patient service to 20 visits, at \$15 per visit.

Whenever a candidate has had treatment for mental problems, the press wonders if he is suitable for office. It's been my experience that the folks who realize they have a problem and seek help are the most likely to conquer it; or at least, learn to live with it.

A minister friend conducted worship services at our local Regional Center one Sunday afternoon. When he was finished, a resident came up to say, "Remember to appreciate your mind." Or, as our educator friends remind us, "a mind is a terrible thing to waste."

In fact, a mental breakdown is caused by pain, mental or spiritual rather than physical. It's disturbing to see the way insurance companies and the media differentiate. We have a new group plan at work that has a maximum of

## Waynian earns degree from Caltech University

At the 98th commencement exercises of the California Institute of Technology in Pasadena, Calif. on June 12, 191 men and women were presented with BS degrees. Among those honored was Garritt Foote of Wayne. He earned a BS in electrical engineering and economics.

Founded in 1891, Caltech is located on a 124-acre campus in Pasadena. The Institute also manages the nearby Jet Propulsion Laboratory and operates seven other off-campus astronomical, seismological and marine biology facilities. Caltech has an enrollment of some 1,900 students, more than half of

whom are in graduate studies, and a faculty of about 275 professional members and more than 425 research members. Caltech employs a staff of nearly 1,650 people on campus and more than 7,500 at JPL.

In 1991, U.S. News & World Report ranked Caltech as one of the top five universities in the country. The magazine, in 1992 also ranked Caltech's engineering graduate school among the top six in the United States. The average SAT score of members of recent incoming freshman classes has consistently been over 1400, the highest in the nation.

Approximately 800 graduates received degrees during the University of Nebraska-Lincoln's Commencement Exercises held Saturday, Aug. 15, in the Bob Devaney Sports Center.

UNL Chancellor Graham Spanier presided at the exercises. U.S. Senator Bob Kerrey (D-Neb.) wished the graduates well during the commencement address.

Forty-five students earned their degrees with honors. Seven students earned their degrees "With Highest Distinction." Twenty students earned their degrees "With High

Distinction." Fourteen students earned their degrees "With Distinction." One student received his degree "Cum Laude" and three students received their degrees "Magna Cum Laude."

Among the graduates from this area were: H. Joanne Noe, Allen, Master of Education; Melissa Anne Wilbur-Moates, Dixon, Master of Music; Holly Helgren, Laurel, Bachelor of Arts in Arts and Sci-

ences; Brian Meyer, Randolph, Bachelor of Arts in Arts and Sciences; Katherine Jane Griess, Wayne, BS in Education with high distinction; and Susan Kay Lutt, Wayne, BS in Education.

K.P. CONSTRUCTION,  
Ken Prokop \$20.00  
was inadvertently left off of the  
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Barbecue Thank You.  
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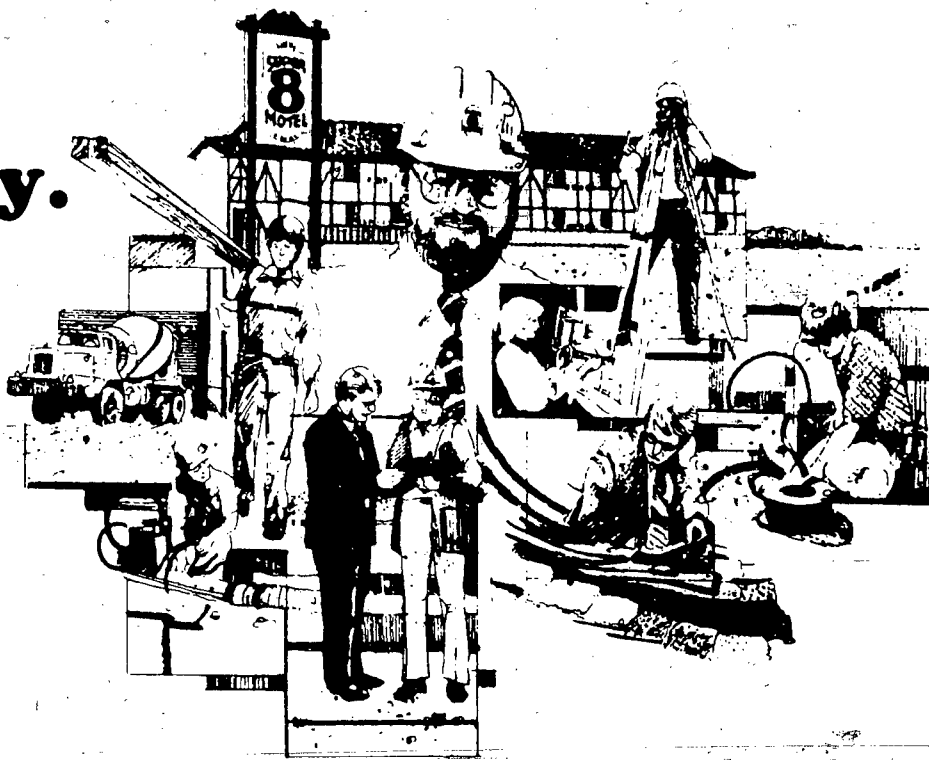
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# Proud to play a part in the growth of Super 8 Motels and our community.

As companies involved in its construction, we wish to welcome the "Pineapple Kind Of People" of the new Super 8 Motel. Way back in Colonial times, the sign of the pineapple came to represent an inn or roadhouse known for courtesy, comfort and camaraderie. Our city's new Super 8 Motel continues this tradition. The addition of a progressive motel organization such as this is sure to boost our local economy and encourage long term growth. Super 8 Motels have established a nation-wide reputation as well-run economy motels. We're sure our city will prove to be another success story in the Super 8 ledger. Thank you for choosing our companies to build the beautiful new Super 8 building. We are proud to put our name on this excellent structure. To the "Pineapple Kind of People" from Super 8 Motels, Welcome! We salute you and wish you continued success for years to come.



The following companies are proud to have had a part in the recent completion of our community's new Super 8 Motel.



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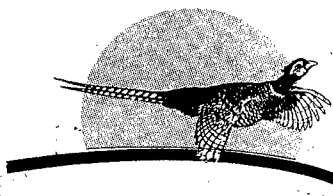
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## Bank here posts new earnings

Columbus Federal Savings Bank earned net income of over \$1.3 million or \$8.73 per share in the 12-month period ending June 30.

W.M. Ferguson, president of Columbus Federal, stated the bank's loan volume increased 60 percent during the past 12 month period and if interest rates continue to remain at their present level, he expects the balance of 1992 to be extremely busy lending months.

The bank is one of Nebraska's largest originators of single family FHA loans; also, one of the state's largest originators of Nebraska Investment Finance Authority (NIFA) first time home buyers loans.

Columbus Federal has \$93 million in assets with offices in Columbus, Omaha, Lincoln, Fremont, Grand Island, York, Seward and Wayne.



## A hearty thanks

JIM KEATING and Gaylen Wisner present Hank Overin a check from the proceeds of the July Fourth celebration which honored Hank for his 30-plus years of service to the youth of our city. Overin was also presented a video tape of the celebration.

Photography: Les Mann

Marketing creativity recognized

## Restaurant 'Beef Backer'

Successful restaurants seem to have a knack for preparing America's favorite foods. That's certainly the case with Runza Restaurants, the Lincoln, NE-based chain of 58 outlets which recently was named the recipient of the 1992 Beef Backer Award sponsored by the Nebraska Beef Council and the Beef Industry Council.

The Beef Backer award, partially funded by beef producers in Wayne County and across the country through the national beef checkoff, recognizes foodservice establishments that demonstrate the ability to market beef in creative and versatile ways.

Runza Restaurants, operated by Donald R. Everett and in business for 43 years, annually purchases 1.84 million pounds of beef, which accounts for approximately 70-75 percent of total sales. Runza's speciality -- a burger made with ground beef, cabbage, onion and special spices and baked inside homemade bread -- has become a Nebraskan tradition, being served at every University of Nebraska football and basketball game. Many people come

to Runza's specifically to enjoy its well-prepared beef. According to Audrey Kraus, Program Information Coordinator of the Nebraska Beef Council, restaurants such as Runza's are important to Nebraska beef producers. They not only help sell beef, but keep beef in people's minds as a versatile, contemporary entree, Kraus said.

Kraus said that when people visit an excellent restaurant like Runza's and leave after enjoying beef, they've had the opportunity to taste and experience quality beef menu items which can pique their interest in preparing more beef at home.

Beef Backer awards are not only a Nebraska phenomenon. Each year state beef councils nationwide present Beef Backer awards to local foodservice operations that have shown exceptional loyalty to beef and continue to feature it as a versatile menu option.

"Beef Backer awards reflect the taste of Nebraska consumers," Kraus said. "Nebraska beef producers realize that diners, in making a restaurant popular, are first to recognize value, fine presentation and good taste."

## College

(continued from page 1A)

it has experienced in recent years for five more. "We simply wouldn't be able to handle it," he said.

He said the he wants to avoid consideration of enrollment limits during the current budget crunch. "I still want this to be an open enrollment institution," he said.

"THE REASON we are doing as well as we are, is, we know what we're about," he said. Mash explained that the goals of the college were not to grow, seek more

funding and eventually become a university.

"We are a regional public college, and we want nothing more than to become the epitome of a regional public college," said Mash. He said that is the institution students in this area need. Service to the students in this region is the prime responsibility of the college.

"We want to avoid any elitist atmospheres," said Mash. A large share of WSC students are from middle and low income families whose parents never attended college. He said the college should never lose sight of that customer base.

## Northeast Community College job fair set

Northeast Community College students wishing to work while attending college are encouraged to attend the fifth annual Part-time Job Fair on Monday, Aug. 24.

The Fair will be held from 10 a.m. to 2 p.m. in the College's Activities Center Gymnasium.

Approximately 20 to 30 employers will be available to discuss part-time employment opportunities. Employers will consist of retailers, restaurants, hospitals, and manufacturing firms.

The Northeast Placement Office maintains a listing of current job openings throughout the year. Interested students are invited to check the bulletin board outside of the Placement Office located in the Student Center, or check with office staff for weekly employment notices from federal, state, hospital, and university employers.

For more information, contact Jerry Holmberg, director of placement at Northeast, 644-0463, or 1-800-348-9033.



Photography: LaVon Anderson

## Blowing in the wind

YOUNG NICOLE LUBBERSTEDT looks like she might blow away with her balloons. Nicole was among several area residents of all ages who met in Dixon Saturday afternoon for the community's annual celebration.

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# Shopping in Wayne just makes cents



Putting on a successful and enjoyable county fair requires broad support of businesses and volunteers. Without the business support, the recently concluded Wayne County Fair would not have been as successful as it was, according to Ag Society secretary Leland Herman.

The community-minded businesses which support the fair, and countless other community organizations and events, need your support too, said Herman.

He said whenever possible, Wayne Countians should support their Wayne County businesses. When the fair does business, it

purchases everything it can in Wayne County, said Herman.

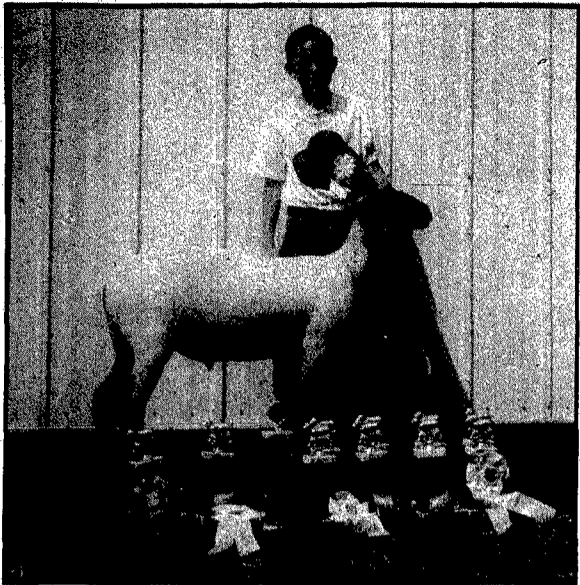
The sense of community that is fostered by a good county fair is also enhanced by the friends and neighbors in business who are interested in having fun and seeing the whole community succeed.

Herman, shown at left applying a little fun to businessman, and Ag Society President Mick Topp, concluded by saying, a good fair and good community are made up of good people in good businesses. That's why he agrees with radio personality Tom Bodette, "Shopping in Wayne Just Makes Cents."

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<b>Jammer Photography</b> 217 Main 375-2363	<b>M &amp; H APCO</b> 603 MAIN. 375-9982 BOBBY NELSON, MGR. <i>Apco</i>	<b>MRSNY'S SANITATION</b> 720 LOGAN STREET 375-2147 WAYNE	<b>SCHROEDER LAW OFFICE</b> Duane Schroeder, Attorney at Law 110 w. 2nd 375-2080 Wayne	<b>trio travel</b> 100 MAIN 375-2670 TOLL-FREE 1-800-542-8746	<b>WAYNE VETERINARY CLINIC</b> HIWAY 35 EAST WAYNE 375-2933	<b>WAYNE CARE CENTRE</b> 918 MAIN STREET. WAYNE, NE. 68787 402-375-1922 "WHERE CARING MAKES THE DIFFERENCE"	<b>STAN MORRIS</b>

# 1992 Dixon County Fair



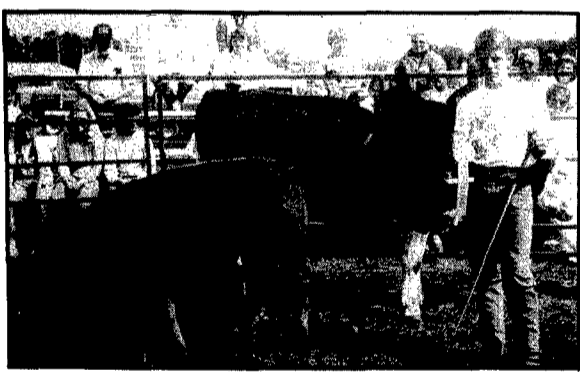
JEFF STEWART of Dixon won the top junior showman trophy for sheep.



JUSTIN WARNER of Allen was the Top Beginning Dairy Showman.



THE CHAMPION cow-calf pair was shown by Jeff Stewart of Dixon.



THE RESERVE Champion cow-calf pair was shown by Jason Stewart of Dixon.

## 4-H Sheep

4-H Sheep Special awards for the Dixon County Fair were named Aug. 11. Following is the listing: Reserve Champion Market Helder: Blake Erwin, Dixon. Champion Rate-of-Gain Steer: Philip Marburger, Concord. Reserve Champion Rate-of-Gain Steer: Jeremy Marburger, Concord. Champion Pen of Three: Philip Bloom, Dixon. Reserve Champion Pen of Three: Corey Vavra, Allen. Best Dixon County Bred: Philip Marburger, Concord. Reserve Champion Beginning Showman: Tiffany McAfee, Allen. Reserve Champion Junior Showman: Mindy Plueger, Concord. Champion Senior Showman: Renee Plueger, Concord. Champion Junior Bucket Calf: Melissa Wilmes, Allen. Champion Commercial Breeding Helder: Wyatt Erwin, Dixon. Reserve Champion Commercial Breeding Helder: Jason Stewart, Dixon. Champion Feeder Calf: Jeff Stewart, Dixon. Reserve Champion Feeder Calf: Jason Stewart, Dixon. Champion Gelbvieh Breeding Helder: Corey Vavra, Allen. Champion Simmental Breeding Helder: Eric Thomsen, Wakefield. Champion Maine-Anjou Breeding Helder: Jason Stewart, Dixon. Champion Shorthorn Breeding Helder: Jared Hartman, Laurel.

## 4-H Beef

The 4-H Beef winners at the 1992 Dixon County Fair were named Aug. 11. Following is the listing: Reserve Champion Market Helder: Blake Erwin, Dixon. Champion Rate-of-Gain Steer: Philip Marburger, Concord. Reserve Champion Rate-of-Gain Steer: Jeremy Marburger, Concord. Champion Pen of Three: Philip Bloom, Dixon. Reserve Champion Pen of Three: Corey Vavra, Allen. Best Dixon County Bred: Philip Marburger, Concord. Reserve Champion Beginning Showman: Tiffany McAfee, Allen. Reserve Champion Junior Showman: Mindy Plueger, Concord. Champion Senior Showman: Renee Plueger, Concord. Champion Junior Bucket Calf: Melissa Wilmes, Allen. Champion Commercial Breeding Helder: Wyatt Erwin, Dixon. Reserve Champion Commercial Breeding Helder: Jason Stewart, Dixon. Champion Feeder Calf: Jeff Stewart, Dixon. Reserve Champion Feeder Calf: Jason Stewart, Dixon. Champion Gelbvieh Breeding Helder: Corey Vavra, Allen. Champion Simmental Breeding Helder: Eric Thomsen, Wakefield. Champion Maine-Anjou Breeding Helder: Jason Stewart, Dixon. Champion Shorthorn Breeding Helder: Jared Hartman, Laurel.

Ribbon winners in the various classes are as follows:  
**Beginning Beef Showmanship:** Purple: Tiffany McAfee, Allen;  
**Junior Sheep Showmanship:** Purple: Mindy Plueger, Concord. Blue: Corey Vavra, Allen; Jeff Stewart, Dixon.  
**Senior Sheep Showmanship:** Purple: Renee Plueger, Debbie Plueger, Concord; Jason Stewart, Dixon. Blue: Mark Johnson, Philip Marburger, Tanya Plueger, Sonya Plueger, Concord; Tricia Bathke, Dixon.  
**Other Breed Steers:** Blue: Jared Hartman, Laurel.  
**Crossbred Steers:** Purple: Shannon Koester, Philip Marburger, Sonya Plueger, Concord; Wyatt Erwin, Jason Stewart (3), Jeff Stewart, Dixon. Blue: Joel McAfee (2), Corey Vavra, Allen; Chad Johnson, Mark Johnson, Jeremy Marburger, Renee Plueger, Mindy Plueger, Tanya Plueger (2), Concord; Tricia Bathke, Dixon; Jennifer Simpson, Wakefield.  
**Crossbred Helters:** Purple: Tiffany McAfee, Allen; Shannon Koester, Concord; Blake Erwin, Dixon. Blue: Corey Vavra, Allen; Debbie Plueger, Sonya Plueger, Concord; Jason Stewart (2), Jeff Stewart, Dixon; Eric Thomsen, Wakefield.  
**Best Dixon County Bred:** Purple: Philip Marburger, Concord.

## 4-H Swine

The Swine entries were judged at the Dixon County Fairgrounds on Aug. 12. The champions of the various divisions were as follows: Champion Market Swine: Wyatt Erwin, Dixon. Reserve Champion Market Swine: Blake Erwin, Dixon. Champion Pen of Three: Wyatt Erwin, Dixon. Reserve Champion Pen of Three: Blake Erwin, Dixon. Champion Swine Producer: Wyatt Erwin, Dixon. Top Beginning Swine Showman: Blake Erwin, Dixon. Second Place Beginning Swine Showman: Wyatt Erwin, Dixon. Second Place Jr. Swine Showman: Jeremy Kumm, Allen. Top Senior Swine Showman: Megan Kumm, Allen. Second Place Sr. Swine Showman: Christina Johnson, Dixon. Champion Club Group: New Generation. Reserve Champion Club Group: Pleasure & Profit. Champion Rate-of-Gain: Vicki Puckett, Allen.

## 4-H Music Contest

The Dixon County 4-H Music Contest was held Aug. 4 at St. John's Lutheran Church in Wakefield. Three dance/drill teams, two song groups and three individuals performed. Senior Club groups were chosen at the contest to represent Dixon County at State Fair in September. They were: Green Acres Senior Drill/Dance Team performing "The Race is On." Members are Adam Bauman, Valerie Bauman, Mandy Bencotter, Breana Brennan, Marci Kneiff, Tammy Kneiff, Vance Kneiff, Lynn Koch and Chris McNear. Pop's Partners Senior Song Group performing "The Kingdom of the Lord" and "Rumors." Members of the group are Susan Brudigam, Mindy Eaton, Todd Kahl, Sara Mattes and Jessie Sharpnack.

Ewe Lamb: Renee Plueger, Concord. Reserve Champion Breeding Ewe Lamb: Jeff Stewart, Dixon. Champion Registered Yearling Ewe: Jeff Stewart, Dixon. Champion Commercial Yearling Ewe: Jeff Stewart, Dixon. Champion Registered Mature Ewe: Jeff Stewart, Dixon. Champion Mature Ewe: Jeff Stewart, Dixon. Champion Over-All Ewe: Jeff Stewart, Dixon. Champion Ram: Renee Plueger, Concord.

Ribbon placings were as follows:  
**Beginning Sheep Showmanship:** Purple: Jessica Bock, Allen.  
**Junior Sheep Showmanship:**

Jeremy Marburger, Concord; Wyatt Erwin, Dixon; Jared Hartman, Laurel; Kyle Keagle, Eric Thomsen, Wakefield. Blue: Joel McAfee, Allen; Shannon Koester, Concord; Blake Erwin, Dixon; Adam Boeckenhauer, Erin Boeckenhauer, Jeff Keagle, Jennifer Simpson, Amber Thomsen, Wakefield.

**Junior Beef Showmanship:** Purple: Mindy Plueger, Concord. Blue: Corey Vavra, Allen; Jeff Stewart, Dixon.

**Senior Beef Showmanship:** Purple: Renee Plueger, Debbie Plueger, Concord; Jason Stewart, Dixon. Blue: Mark Johnson, Philip Marburger, Tanya Plueger, Sonya Plueger, Concord; Tricia Bathke, Dixon.

**Other Breed Steers:** Blue: Jared Hartman, Laurel.

**Crossbred Steers:** Purple: Shannon Koester, Philip Marburger, Sonya Plueger, Concord; Wyatt Erwin, Jason Stewart (3), Jeff Stewart, Dixon. Blue: Joel McAfee (2), Corey Vavra, Allen; Chad Johnson, Mark Johnson, Jeremy Marburger, Renee Plueger, Mindy Plueger, Tanya Plueger (2), Concord; Tricia Bathke, Dixon; Jennifer Simpson, Wakefield.

**Crossbred Helters:** Purple: Tiffany McAfee, Allen; Shannon Koester, Concord; Blake Erwin, Dixon. Blue: Corey Vavra, Allen; Debbie Plueger, Sonya Plueger, Concord; Jason Stewart (2), Jeff Stewart, Dixon; Eric Thomsen, Wakefield.

**Best Dixon County Bred:** Purple: Philip Marburger, Concord.

Purple: Mindy Plueger, Concord; Jeff Stewart, Dixon.

**Senior Sheep Showmanship:** Purple: Debbie Plueger, Tanya Plueger, Renee Plueger, Concord.

**Market Lambs Commercial:** Purple: Jessica Bock (2), Allen; Renee Plueger, Mindy Plueger (2), Tanya Plueger, Concord; Jeff Stewart (3), Dixon. Blue: Jessica Bock, Allen; Renee Plueger, Mindy Plueger, Debbie Plueger (2), Tanya Plueger (2), Concord. Red: Renee Plueger, Debbie Plueger, Concord.

**Market Lambs - Pen of Three:** Purple: Jessica Bock, Allen; Renee Plueger, Mindy Plueger, Concord; Jeff Stewart, Dixon. Blue: Debbie Plueger, Tanya Plueger, Concord.

**Registered Ewe Lamb - Dropped Current Year:** Purple: Jeff Stewart, Dixon.

**Beef - Club Groups:** Purple: New Generation (2), Concord. Blue: Dad's Helpers, New Generation (2), Concord.

**Beef - Pen of Three:** Purple: Corey Vavra, Allen; Phillip Bloom, Dixon. Blue: Corey Vavra, Allen; Phillip Bloom, Dixon.

**Market Beef Calf Shown Previous Year:** Purple: Tiffany McAfee, Allen; Jason Stewart, Dixon. Blue: Joel McAfee, Allen; Chad Johnson, Mark Johnson, Renee Plueger, Mindy Plueger, Tanya Plueger, Sonya Plueger, Concord; Jeff Stewart, Dixon.

**Breeding Helder Calf Shown Previous Year:** Purple: Sonya Plueger, Concord; Jason Stewart, Dixon. Blue: Tiffany McAfee, Allen; Brad Johnson, Renee Plueger, Concord; Jason Stewart, Jeff Stewart, Dixon.

**Commercial Helder Calf, Born May Current Year:** Blue: Renee Plueger, Tanya Plueger, Concord.

**Registered Helder Calf - Born May Current Year:** Purple: Mindy Plueger, Concord. Blue: Renee Plueger, Debbie Plueger, Sonya Plueger, Mindy Plueger, Concord.

**Commercial Helder Calf - Born March/April Current Year:** Purple: Mark Johnson, Concord. Blue: Brad Johnson, Chad Johnson, Concord; Jesse Jelinek, Dixon.

**Registered Helder Calf - Born January/February Current Year:** Purple: Jason Stewart, Dixon.

**Helder - July/August Previous Year - Commercial:** Purple: Jason Stewart, Dixon.

**Ewe Lamb - Commercial - Dropped Current Year:** Purple: Renee Plueger, Debbie Plueger, Concord; Jeff Stewart, Dixon. Blue: Mindy Plueger, Tanya Plueger, Concord.

**Yearling Ewe - Registered - Drop Previous Year:** Purple: Jeff Stewart, Dixon.

**Yearling Ewe - Commercial - Dropped Previous Year:** Purple: Jeff Stewart, Dixon.

**Mature Ewe - Registered - Dropped Previous Year:** Purple: Jeff Stewart, Dixon.

**Mature Ewe - Commercial - Dropped Previous Year:** Purple: Jeff Stewart, Dixon.

**Ram Lamb - Commercial - Dropped Current Year:** Purple: Renee Plueger, Concord; Jeff Stewart, Dixon. Blue: Debbie Plueger, Concord.

**Helters - May/June Previous Year - Commercial:** Purple: Sonya Plueger, Concord. Blue: Sonya Plueger, Concord; Adam Boeckenhauer, Erin Boeckenhauer, Kyle Keagle, Jeff Keagle, Wakefield.

**Registered Helder Calf - May/June Previous Year:** Purple: Jared Hartman, Laurel. Blue: Joel McAfee, Corey Vavra, Allen; Tanya Plueger, Concord; Jeff Stewart, Dixon.

**Helters - March/April Previous Year - Commercial:** Purple: Wyatt Erwin, Dixon. Blue: Brad Johnson, Concord; Jason Stewart, Jeff Stewart, Dixon.

**Registered Helder Calf - March/April Previous Year:** Purple: Mindy Plueger, Concord. Blue: Tiffany McAfee, Allen; Tanya Plueger, Renee Plueger, Concord; Amber Thomsen, Eric Thomsen, Wakefield.

**Helters - January/February Previous Year - Commercial:** Blue: Tiffany McAfee, Allen.

**Registered Helder Calf - January/February Previous Year:** Purple: Corey Vavra, Allen. Blue: Renee Plueger, Concord.

**Feeder Calves:** Purple: Mark Johnson, Concord; Jeff Stewart (2), Jason Stewart, Dixon. Blue: Sonya Plueger (3), Tanya Plueger (3), Concord; Chris Hansen, Laurel; Michael Olson, Wayne.

**Bucket Calf (8,9,10 year olds):** Purple: Joel McAfee, Justin Warner, Melissa Wilmes, Allen; Kyle Keagle, Jeff Keagle, Jason Simpson, Wakefield. Blue: Jessica Bock, Allen; Brian Boeckenhauer, Amber Thomsen, Wakefield.

Haisch, Concord; Laurie Johnson, Thomas Wilbur (2), Dixon. Red: Megan Kumm, Allen.

**Swine - Pen of Three:** Purple: Megan Kumm, Jeremy Kumm, Robert Kumm, Vicky Puckett, Daniel Puckett, Allen; Bob Haisch, Concord; Blake Erwin, Wyatt Erwin, Laurie Johnson, Jeff Stewart, Dixon. Blue: Christina Johnson, Dixon.

**Swine - Club Group:** Purple: Lucky Lads & Lassies, Pleasure & Profit, Allen; New Generation, Concord.

**Swine - Rate of Gain:** Vicky Puckett, Allen.

top group or individual performing. This year the Green Acres Senior Drill/Dance Team was awarded this honor.

Ribbon placings for all the groups were as follows:

**Music Contest - Drill or Dance:** Purple: Green Acres 4-H Club, both junior and senior groups; Pins and Pans 4-H Club Junior Group, Concord.

**Music Contest - Song**

Group: Purple: Pop's Partners 4-H Club Junior Group, Allen. Blue: Pop's Partners 4-H Club Senior Group, Allen.

**Music Contest - Open Talent:** Purple: Jennifer Simpson, Wakefield. Blue: Sara Mattes, Scott Mattes, Wakefield.

The judge was Mindy Lutt of Wayne. Assistants were Angela Abts and Tricia Bathke of Dixon.

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# 1992 Dixon County Fair

## 4-H Dairy Cattle and Goats

4-H Dairy and Dairy Goat winners were named at the 1992 Dixon County Fair on Aug. 10 at the Dixon County Fairgrounds.

Results were: Top Beginning Dairy Showman: Justin Warner, Allen. Top Junior Dairy Showman: Jeff Stewart, Dixon. Breed Champions and Reserve Champions — Guernsey Champion: Kari Stewart, Dixon; Reserve Champion Guernsey:

Jeff Stewart, Dixon; Brown Swiss Champion: Jeff Stewart, Dixon; Jersey Champion: Jeff Stewart, Dixon; Reserve Champion Jersey: Kari Stewart, Dixon. Champion Over-All Goat: Chris Hansen, Laurel.

Ribbon winners in the various classes were as follows:  
**Beginning Dairy Showmanship:** Blue: Justin Warner, Allen; Kari Stewart, Dixon.

**Junior Dairy Showmanship:** Purple: Jeff Stewart, Dixon.  
**Junior Dairy Goat Showmanship:** Purple: Chris Hansen, Laurel.  
**Senior Calves - Dairy:** Blue: Kari Stewart, Dixon.  
**Summer Yearlings - Dairy:** Blue: Kari Stewart, Jeff Stewart, Dixon.  
**Spring Yearlings - Dairy:** Purple: Justin Warner, Allen; Jeff

Stewart, Dixon. Blue: Jeff Stewart, Dixon.  
**Fall Yearlings - Dairy:** Purple: Justin Warner, Allen.  
**Dry Cow - Any Age:** Blue: Justin Warner, Allen.  
**Four Year Olds - Dairy:** Blue: Jeff Stewart, Dixon.  
**Dairy Herd:** Purple: Justin Warner, Allen.  
**Dairy Goat Milk Doe - Over 5 Years:** Blue: Chris Hansen, Laurel.



THE RESERVE Champion Market Heifer was shown by Blake Erwin of Dixon.

## 4-H Horse Show

Due to some stormy weather on Sunday night causing a muddy, slick horse arena on the fairgrounds, the 1992 Dixon County 4-H Horse Show was held at the arena at Logan LTD Feed Lot, Allen, on Aug. 10. Champions in the various divisions were:

**Top Beginning Showman:** Kelcey Berg, Laurel. **Top Junior Showman:** Tony Berg, Laurel. **Second Place Junior Showman:** Andy Bose, Dixon. **Top Senior Showman:** Erin Gregg, Laurel. **Second Place Senior Showman:** Andrea McGrath, Allen. **Champion Halter Gelding:** Andrea McGrath, Allen. **Reserve Champion Halter Gelding:** Andy Bose, Dixon. **Champion Halter Mare:** Kelcey Berg, Laurel. **Reserve Champion Halter Mare:** Isaac Berg, Laurel. **Champion Beginning Western Pleasure:** Ryan Cunningham, Laurel. **Champion Jr. Trail Ride:** Tony Berg, Laurel. **Champion Sr. Trail Ride:** Erin Gregg, Laurel. **Junior Pole Bend:** Kristen Preston, Wakefield. **Senior Pole Bend:** T.J. Preston, Wakefield. **Champion Pole Bend:** T.J. Preston, Wakefield. **Junior Barrel Ride:** Kristen Preston, Wakefield. **Champion Junior Reining:** Tony Berg, Laurel. **Champion Senior Reining:** Heather Cunningham. **Beginning Horseman:** Ryan Cunningham, Laurel. **Junior Horseman:** Tony Berg,

Laurel. **Senior Horseman:** Kelly Ekberg, Wakefield. **Champion Horsemanship:** Tony Berg, Laurel. **Champion Junior All-Around Horseman:** Tony Berg, Laurel.

Ribbon placings were as follows:  
**Beginning Horse Showmanship:** Purple: Kelcey Berg, Laurel. Blue: Isaac Berg, Laurel; Kristen Preston, Wakefield. Red: Kari Stewart, Dixon; Ryan Cunningham, Laurel; Wyatt Brown, Wakefield.  
**Junior Horse Showmanship:** Purple: Andy Bose, Dixon; Tony Berg, Laurel; Kristi Gustafson, Wakefield. Blue: Brad Johnson, Concord; June Dickey, Laurel. Red: Jeff Stewart, Dixon; Todd Kahl, Wakefield.  
**Senior Horse Showmanship:** Purple: Andrea McGrath, Allen; Erin Gregg, Laurel. Blue: Heather Cunningham, Tyler Erwin, Laurel; Kelly Ekberg, Andy Muller, Heidi Muller, Wakefield. Red: Matt Gustafson, Wakefield.  
**Halter Mares:** Purple: LeAnn Stewart, Dixon; Kelcey Berg, Isaac Berg, Ryan Cunningham, Laurel; Heidi Muller, Kristen Preston, Wakefield. Blue: Kari Stewart, Jeff Stewart, Dixon; June Dickey, Tyler Erwin, Laurel; Kelly Ekberg, Matt Gustafson, Todd Kahl, Andy Muller, Wakefield.  
**Halter Geldings:** Purple: Andrea McGrath, Allen; Andy Bose, Dixon; Tony Berg, Heather Cunn-

ham, Laurel. Blue: Brad Johnson, Concord; Wyatt Brown, Wakefield.  
**Beginning Horsemanship:** Purple: Kelcey Berg, Ryan Cunningham, Laurel. Blue: Wyatt Brown, Wakefield.  
**Junior Horsemanship:** Purple: Andy Bose, Dixon; Tony Berg, Laurel; Kristi Gustafson, Wakefield. Blue: Brad Johnson, Concord; June Dickey, Laurel. Red: Todd Kahl, Wakefield.  
**Senior Horsemanship:** Purple: Andrea McGrath, Allen; Kelly Ekberg, Andy Muller, Heidi Muller, Wakefield. Blue: Heather Cunningham, Tyler Erwin, Erin Gregg, Laurel; Matt Gustafson, Wakefield.  
**Western Pleasure, Beginning (8-9 years old):** Purple: Kari Stewart, Dixon; Isaac Berg, Ryan Cunningham, Laurel; Wyatt Brown, Wakefield.  
**Western Pleasure, Junior (10-13 years old):** Purple: Andy Bose, Dixon; Tony Berg, Kelcey Berg, Laurel; Kristi Gustafson, Wakefield. Blue: Brad Johnson, Dixon; June Dickey, Laurel. Red: Todd Kahl, Wakefield.  
**Western Pleasure, Senior (14-up):** Purple: Andrea McGrath, Allen; Heather Cunningham, Tyler Erwin, Laurel; Andy Muller, Heidi Muller, Wakefield. Blue: Erin Gregg, Laurel; Kelly Ekberg, Matt Gustafson, Wakefield.  
**Reining - Junior:** Purple: Tony

Berg, Ryan Cunningham, Laurel. Red: Todd Kahl, Wakefield.  
**Reining - Senior:** Purple: Heather Cunningham, Laurel. Red: Heidi Muller, Wakefield.  
**Beginning and Junior Trail Ride:** Purple: Andy Bose, Dixon; Tony Berg, Kelcey Berg, Laurel. Blue: Brad Johnson, Concord; Ryan Cunningham, June Dickey, Laurel; Wyatt Brown, Todd Kahl, Wakefield. Red: Jeff Stewart, Dixon; Kristi Gustafson, Wakefield.  
**Senior Trail Ride:** Purple: Andrea McGrath, Allen; Heather Cunningham, Erin Gregg, Laurel. Blue: Kelly Ekberg, Andy Muller, Heidi Muller, Wakefield.  
**Beginning and Junior Pole Bend:** First Place: Kristen Preston, Wakefield. Third Place: Tony Berg, Laurel.  
**Senior Pole Bend:** First Place: T.J. Preston, Wakefield. Second Place: Andy Muller, Wakefield. Third Place: Ryan Ekberg, Wakefield.  
**Beginning & Junior Barrel Race:** First Place: Kristen Preston, Wakefield. Second Place: Tony Berg, Laurel. Third Place: Todd Kahl, Wakefield. Fourth Place: Ryan Cunningham, Laurel.  
**Senior Barrel Race:** Second Place: Heather Cunningham, Laurel. Third Place: T.J. Preston, Wakefield. Fourth Place: Andy Muller, Wakefield.



PHILIP MARBURGER of Concord had the Best Dixon County Bred beef animal.



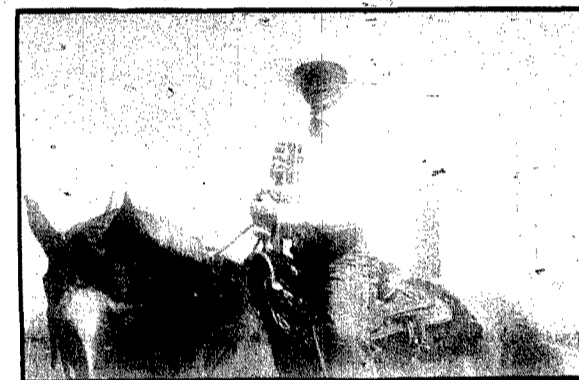
KYLE ROEBER of Wakefield was the Reserve Champion Beginning Showman for rabbits while Isaac Berg of Laurel was the winner of the Champion Meat Class rabbit.

## 4-H Rabbits

The Dixon County 4-H Rabbit Show was held Aug. 9 at the Dixon County Fairgrounds. Special awards in the Rabbit Division were as follows:  
**Reserve Champion Beginning Showman:** Kyle Roeber, Wakefield. **Champion Meat Class Rabbit:** Isaac Berg, Laurel.

Ribbon Placings were as follows:  
**Beginning Rabbit Show-**

**manship:** Purple: Isaac Berg, Laurel; Kyle Roeber, Wakefield.  
**Senior Doe Rabbit:** Blue: Isaac Berg, Laurel.  
**Senior Buck Rabbit:** Purple: Isaac Berg, Laurel; Kyle Roeber, Wakefield.  
**Larger Fryer Rabbit:** Purple: Isaac Berg, Laurel.



TONY BERG of Laurel was the Top Junior Showman in the Horse Show.

## Demolition Derby

The Dixon County Fair demolition derby was held Wednesday evening at the fairgrounds in Concord. There was a field of 47 cars entered. It was flagged by the Wakefield Demo Officials, in their 11th year at the Dixon County Fair.

Heat winners were Heat #1: Kris Carnell of Ponca and Bob Kneifl of Ponca; Heat #2: Chris Bonsall of Bancroft and Kenny Koch of Wynot; Heat #3: Monte Conrad of Ponca and Chad Anderson of Concord; and Heat #4: Ron Anderson of Dixon and Shane Jacobsen, Wakefield.

Winners in the first consolation race were Kevin Erwin, Wakefield, first; Randy Dunn, Dixon, second; Steve Hansen, Wayne, third; Cory Wheeler, Wakefield, fourth; and Dave Kaup, Wakefield, fifth. Winners in the second consolation race were Joel

Carlson, Wayne, first; David Sedivy, Newcastle, second; Tim Lamprech, Ponca, third; Jason Swanson, Laurel, fourth; and Tim Polesnke, Wayne, fifth.

Winners in the feature race of the evening were Kris Carnell, Ponca, first; Kenny Koch, Wynot, second; Chad Anderson, Waterbury, third; Bob Kneifl, Ponca, fourth; and Monte Conrad, Ponca, fifth.

The winner of the feature race is eligible to run in the State Fair demolition derby to be held Monday, Sept. 7 at 1 p.m. in front of the grandstand. It is open only to the divers who have qualified at county fair demolition derbies. The Wakefield Demo Officials also will be officiating at this event.



HEATHER CUNNINGHAM of Laurel was the Champion Senior Reining winner.



RYAN CUNNINGHAM of Laurel was the Champion Beginning Western Pleasure winner.

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# 1992 Dixon County Fair



**JAIME MANN** of Concord won the Senior Let's Create Trophy.

## 4-H Clothing

Constructed and purchased garments were judged July 27 at the Northeast Center, Concord, with top projects being announced at the Dixon County Fair on Aug. 12. 4-H members had the opportunity to visit with the judge about their garment or outfit, to receive feedback and ideas as a learning experience.

Special awards for outstanding garment construction were received by Julie Abts, Dixon, Beginning Unit Champion; Peggy Stanley, Dixon, Middle Unit Champion and Angela Abts, Dixon, Advanced Unit Champion. Donors for the trophies received by Julie and Peggy were donated by Security National Bank at Allen and Northwest Fabrics and Crafts. The scissors received by Angela were donated by the Dixon County Home Extension Council.

The Champion Decorate Your Duds Exhibit was Lani Recob of Laurel. Lani received a trophy sponsored by Just Sew, Sandra Wriedt, Wayne.

The Champion Knitting and Crocheting Exhibit trophy, sponsored by Betty Anderson, Concord, was won by Brandy Hintz of Dixon.

4-H's whose garments were selected for State Fair were Clothing I: Julie Abts, Dixon; Jennifer Roeber, Wakefield. Clothing II: Kelcey Berg, Laurel; Lana Schutte, Allen; Peggy Stanley, Dixon. Challenging Patterns: Angela Abts, Dixon. Challenging Fabrics: Angela Abts and Mandy Hartung, both of Dixon. Teen Shopping Smart: Brandy Hintz, Dixon; Sara Mattes, Wakefield; Decorate Your Duds: Lani Recob and Kelcey Berg, both of Laurel.

The following ribbons were awarded to the 4-H'ers:

**Decorate Your Duds - Decorative:** Purple: Penny Brentlinger, Lyle Rahn, Lana Schutte, Allen; Amber Hansen, Kate Harder, Elly Harder, Kelli Huetig, Jennifer Mainquist, Concord; Kelcey Berg, Lani Recob, Laurel; Erin Boeckenhauer, Wakefield. Blue: Jessica Bock, Alania Bupp, Jeff Hoferer, Tiffany McAfee, Melissa Peers, Allen; Quin Bohlen, Cori Clarkson, Missy Mann, Jamie Mann, Amber Martindale, Concord; Angela Abts, Mandy Hartung, Dixon; Tara Anderson, Kristin Brudigam, Sara Mattes, Jennifer Simpson, Wakefield. Red: Kenneth Rahn, Allen; Katie Bohlen, Concord; Brian Boeckenhauer, Adam Boeckenhauer, Mindy Eaton, Becky Simpson, Wakefield; Rachel Olson, Wayne.

**Decorate Your Duds - Clothing Accessory:** Purple: Joan Clarkson, Concord; Lani Recob, Laurel; Jennifer Simpson, Wakefield. Blue: Jessica Bock, Allen; Julie Abts, Dixon. Red: Vicky Puckett, Allen; Tara Anderson, Wakefield.

**Sewing For Fun - Bags - Tote, Sleeping:** Purple: Kate Harder, Kelli Huetig, Concord; Lani Recob, Laurel. Pillow - Straight, Square, Patch: Purple: Jennifer Smith, Allen; Lani Recob, Laurel. Pincushion: Purple: Kate Harder, Concord; Lani Recob, Laurel. Blue: Denise Diediker, Allen; Kelli Huetig, Concord. Red: Alania Bupp, Allen. Wristwallet: Purple: Kelli Huetig, Concord.

**Clothing Level I - Pull-On Pants/Shorts or Skirt:** Purple:

Elly Harder, Jennifer Mainquist, Missy Mann, Concord; Julie Abts, Dixon; Jennifer Roeber, Jennifer Simpson, Wakefield. Blue: Becky Simpson, Wakefield; Rachel Olson, Wayne. Red: Mindy Eaton, Brooke Kahl, Wakefield. **Pull-Over Top/Shirt/Vest:** Purple: Julie Abts, Dixon; Jennifer Simpson, Wakefield. Blue: Amber Hansen, Concord; Jennifer Roeber, Wakefield.

**Clothing Level II - Jog - Jumpsuit - Pant/Short & Top:** Purple: Kelcey Berg, Laurel. Blue: Lana Schutte, Allen; Mindy Plueger, Concord. **Nightshirt/ Pajamas/ Robe/ Caftan:** Purple: Peggy Stanley, Dixon.

**Challenging Patterns - Dresses or Jumpers & Blouses:** Blue: Sonya Plueger, Tanya Plueger, Renee Plueger, Concord; Kirstin Thompson, Wakefield. **Sportswear:** Purple: Angela Abts, Dixon.

**Challenging Fabrics - Pant Outfit:** Purple: Angela Abts, Dixon. Blue: Penny Brentlinger, Allen. **Dresses or Jumper & Blouse:** Blue: Mandy Hartung, Dixon.

**Teen Shopping Smart - Purchased Garment:** Purple: Brandy Hintz, Dixon. Blue: Melissa Peers, Allen; Sara Mattes, Mindy Eaton, Wakefield. Red: Joan Clarkson, Concord.

**Crocheting - Non-Wearable Item:** Purple: Brandy Hintz, Dixon. Blue: Jennifer Mainquist, Concord. **Garment - Middle Unit:** Purple: Tricia Bathke, Dixon.



**HEIDI MULLER** of Wakefield won the photography trophy.

**THE FASHION REVUE** Advanced Project Level Champion was Mandy Hartung of Dixon.



**GREG RASTEDE** of Allen won the Advanced Unit Champion Trophy in home environment and miscellaneous.



**JOAN CLARKSON** of Concord won the woodworking trophy.



**THE CHAMPION** Knitting and Crocheting Exhibit Trophy was won by Brandy Hintz of Dixon.

## 4-H Fashion Revue

The Dixon County 4-H Fashion Revue for the public was held on Aug. 12 in front of the fairgrounds grandstand in Concord. The Revue focused on the Nebraska Q-125 theme this year. Garments from Marie George's collection, at Dixon, held the audience's interest by taking them through time from a 1880 garment through a 1970 garment. Historical Nebraska trivia stimulated the audience's history, between Music Revue performances. Highlighting the program were the 1992 garments sewn and purchased by 4-H'ers. Mandy Hartung, daughter of Jeff and Julie Hartung of Dixon, was selected for the third year as Dixon County's Fashion Revue Champion and will represent Dixon County at the State Fair Fashion Revue to be held in Lincoln in September. Mandy is a member of Pins and Pans 4-H Club. Tammy Kneifl, daughter of Stan and Jeanette Kneifl of Ponca, was named the County's Reserve Champion. Tammy is a member of Green Acres 4-H Club. Both girls received a trophy donated by Mar Jean's House of Beauty, Allen.

The county's overall champion and reserve champion were selected from the county's champions and reserve champions by project areas. These winners were:

**Beginning Project Level:** Champion: Missy Mann, Concord. Reserve Champion: Brooke Kahl, Wakefield. **Middle Project Level:** Champion: Kelcey Berg, Laurel. Reserve Champion: Sara Kneifl, Newcastle. **Advance Project Level:** Champion: Mandy Hartung, Dixon. Reserve Champion: Tammy Kneifl, Ponca.

Exhibitors and their ribbon placings were:

**Sewing For Fun - Fashion Revue - Pillows:** Purple: Jennifer Smith, Allen.

**Clothing Level I - Fashion Revue - Pull-On Pants:** Purple: Missy Mann, Concord; Julie Abts, Dixon; Brooke Kahl, Jennifer Roeber,

Wakefield. **Fashion Revue - Pull-Over Top:** Purple: Amber Hansen, Concord. Red: Rachel Olson, Wayne.

**Clothing Level II - Fashion Revue - Tops and Pants:** Blue: Mindy Plueger, Concord. **Fashion Revue - Dress & Top/Jump:** Purple: Kelcey Berg, Laurel. **Fashion Revue - Nightshirt/Robe:** Blue: Peggy Stanley, Dixon.

**Challenging Patterns - Fashion Revue - Dress:** Blue: Kirstin Thompson, Wakefield. Red: Renee Plueger, Tanya Plueger, Sonya Plueger, Concord.

**Challenging Fabrics - Fashion Revue - Pant Outfit:** Blue: Penny Brentlinger, Allen; Angela Abts, Dixon. **Fashion Revue - Dress:** Purple: Mandy Hartung, Dixon. **Everyday/Casual Wear:** Blue: Joan Clarkson, Concord; Sara Mattes, Wakefield.

## 4-H Herdsmanship

The over-all Herdsmanship Trophy, sponsored by First Nebraska Bank, Emerson, was won by the South Creek Beavers 4-H Club from Ponca. Mr. and Mrs. Terry Nelson are the club's organization leaders.

Ribbon-placings in the various herdsman categories were:

**Beef Herdsmanship:** Purple: Lucky Lads & Lassies, Pop's Partners 4-H Club, Pleasure and Profit 4-H Club, Allen; Country Style 4-H Club, Wakefield. Blue: Dad's Helpers 4-H Club, New General 4-H Club, Concord.

**Dairy Herdsmanship:** Purple: Pop's Partners 4-H Club, Allen; Dad's Helpers 4-H Club, Concord. Blue: New Generation 4-H Club, Concord.

**Swine Herdsmanship:** Purple:



**ANGELA ABST** of Dixon was the Advanced Unit Champion in the 4-H Clothing category.

**Lucky Lads and Lassies 4-H Club, Pleasure & Profit 4-H Club, Allen; Dad's Helpers 4-H Club, New Generation 4-H Club, Concord.**


**Sheep Herdsmanship:** Purple: Lucky Lads & Lassies 4-H Club, Allen. Blue: New Generation 4-H Club, Concord.

**Horse Herdsmanship:** Purple: Pop's Partners 4-H Club, Allen; Dad's Helpers 4-H Club, New Generation 4-H Club, Concord; Country Style 4-H Club, Wakefield.

**Rabbit and Poultry Herdsmanship:** Purple: Pop's Partner's 4-H Club, Pleasure & Profit 4-H Club, Allen; Dad's Helpers 4-H Club, Concord. Blue: New Generation 4-H Club, Concord.



**LANI RECOB** of Laurel won the Decorate Your Duds Exhibit Trophy.



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# LEISURE TIMES

A bi-monthly publication for Senior Citizens

August 18, 1992

Contact your local newspaper

## Activities, volunteers touch lives at Wayne Care Center

By LaVon Anderson  
The Wayne Herald

"It's my serendipity," smiles Susie Siefken, activities coordinator at Wayne Care Centre. "No matter how much I give, I always seem to receive more in return."

Susie wants to spread that message and encourage young and old alike to discover their own serendipity by giving just a little of themselves — once a day, once a week, or once a month.

Susie has held the position of activities coordinator at Wayne Care Centre for over two years, but she says her job would be nearly impossible if not for the volunteers who help with various activities throughout the year.

"Our volunteers are great," says Susie, "but we need more and we need them all throughout the year — not just for holidays and other special occasions."

Susie points out that there are no age guidelines and no special qualifications. "A warm heart and a loving smile," says Susie. "It's just that simple."

As activity coordinator, Susie is in charge of lining up all activities at the care centre and maintaining a one-on-one relationship with the nearly 90 residents.

"That's not always an easy task," points out Susie, who says she often relies heavily on the assistant activities director at Wayne Care Centre, Grace Kanitz.

"Grace and I are only two people," smiles Susie, "and there are an awful lot of people who need hugs."

That's an area Susie feels could easily be supplemented by a volunteer. "Don't misunderstand me," says Susie, "we need volunteers to help with our regular weekly and monthly activities, but we also need volunteers who will spend some personal time with a resident.

"They could read them a book or newspaper, write letters, play cards, or simply sit and chat. I think people, especially younger persons, would be amazed at the things they would learn from our residents.

"Some of the residents may not remember what happened today, but they can tell story after story of their younger days.

"Of all the activities that are conducted at Wayne Care Centre, the one-on-one contact is the most important and receives the least amount of time."



**BINGO IS JUST ONE of the many activities provided for residents of Wayne Care Centre. Here, a group of women concentrate on filling up their cards.**

Activities which are provided on a daily, weekly or monthly basis at Wayne Care Centre include bingo, cards and games, crafts, musical programs, exercises, Bible studies, a book club, birthday parties, nail care, stimulus class, and reminiscing time.

In addition, churches associated with the Wayne Ministerial Association conduct weekly worship services at the centre and distribute communion to residents. Several local church organizations also make scheduled trips to play bingo or visit with the residents.

Yearly events include holiday parties, visits by college and school groups, the Kiwanis pancake feed, a pizza party, a volunteer party, stag night, a Mother's Day tea, ice cream social, soup and pie supper, and the observance of Care Center Week in May.

"We also try to schedule various out-

ings throughout the year," points out Susie, adding that past outings have included community theater presentations, the Wayne Chicken Show, and the annual brat feed sponsored by the Wayne Area Chamber of Commerce.

Susie explains that many activities are planned by a Residents Council at Wayne Care Centre, which is comprised of care centre residents who serve as the governing body and as spokespersons for other residents.

"They help decide on major events, vote on holiday meal menus, help plan parties, and do a whole lot of other things."

Susie says musical presentations seem to be the most popular event among residents. Regular performers at Wayne Care Centre include Cyril Hansen, Jay Morse, Lois Siefken, Otto Field and Ray Peterson. "Ray's our birthday boy," laughs Susie.

"He always comes and plays his accordion at our birthday parties."

Susie explains that at least four activities are held each day at Wayne Care Centre and residents are encouraged to participate in as many as they wish.

"It's a big adjustment for these people when they come to the care centre," sympathizes Susie. "They're giving up a lot and some of them simply want to withdraw.

"We try to meet their physical needs as well as their mental and emotional needs. We try to make them feel like they can still make a difference in people's lives — and they do!

"Many of the residents look out for one another," points out Susie. "If they think someone would enjoy and should be in-

# Anxiety plagues many people

Most people have experienced anxiety at one time or another. For many older adults, anxiety can occur when driving a car, facing new social situations, arranging for home repairs, or managing the monthly finances.

Occasional anxiety is normal, but when the anxiety continues for an extended period of time, when it resembles distrust or when it negatively affects behavior or performance, a person may need professional help.

Anxiety is an involuntary reaction of the body that occurs when people are uneasy about future events, or uncertainties. It is a normal reaction. But persistent, underlying anxiety is not. People who suffer from this form of anxiety want to be in

control of their lives, yet they don't feel they are. They feel trapped and threatened and often see no way of remedying the situation.

A person who is experiencing persistent anxiety often develops physical and emotional symptoms. Many times these symptoms interfere with the person's ability to perform daily tasks or enjoy life.

Physical symptoms may include a rapid heart rate; shortness of breath or a smothering sensation; sweating or cold, clammy hands; a dry mouth; dizziness or lightheadedness; nausea, diarrhea or other abdominal problems; hot flashes or chills; frequent urination; difficulty swallowing; and excessive eating, drinking or smoking.

Emotional symptoms may include excessive worrying; difficulty concentrating;

a keyed up, tense feeling; irritability; and difficulty falling asleep or staying asleep.

People with persistent anxiety also may feel restless and become easily fatigued. They may develop muscular aches and pains and experience trembling, twitching or a shaky feeling.

Persistent anxiety plagues many people. Sometimes it's situational -- setting in after the death of a spouse, when living situations change, or after a move. This type of anxiety also may occur when physical disabilities or medical problems intensify. The trigger may be the development of chronic conditions, such as heart disease, emphysema, ulcers or asthma.

Although this type of anxiety has definite symptoms, few people recognize them or seek treatment. Those who do recognize

symptoms of anxiety often try to help themselves by talking to a friend, exercising, or starting a hobby. Although these strategies work for some people, they are not always successful for people who have persistent, underlying anxiety. Talking with a friend or engaging in an activity may help a person feel better momentarily, but it doesn't cure the problem. Because it doesn't address the cause of the anxiety itself.

This is where a physician can help. He or she can develop an individualized treatment program that outlines ways to deal with stressful situations, as well as strategies for exercise, nutrition and relaxation. The physician also may prescribe medications to help treat the problem while working out the cause.

# Food stamps are available

Nearly one in 10 Americans now depend on the Food Stamp Program to help meet their nutrition needs. Although the program is run by individual State agencies, applications for food stamps are also available at Social Security offices.

To be eligible for food stamps, everyone in your household must:

- have, or have applied for, Social Security numbers; and
- be U.S. citizens or immigrants living legally in the United States.

For your household to be eligible, most able-bodied individuals between 18 and 60 years of age must register for work -- and accept suitable employment if it is offered. Some may be required to participate in employment or employment training programs. Some college students may even be eligible.

Generally, your household can't have more than \$2,000 in resources such as cash and bank accounts. If your household includes a person 60 years of age or older,

the limit is \$3,000. Your home and the lot on which it sits aren't considered resources. Generally, if your car is worth less than \$4,500 it is not counted as a resource.

When you apply for food stamps, you should have:

- personal identification that shows your name and address;
- proof of earnings and any other income such as Social Security benefits, SSI benefits, or a pension for each member of your household;

- proof of your child care costs;
- rent receipts or proof of the amount of your mortgage payment;
- records of your utility costs;
- medical bills for those members of your household who are 60 years of age or older and for those receiving Social Security or SSI benefits due to disability."

For more information about this program, contact your nearest food stamp office or your local Social Security office. The telephone number is (402) 371-1595.



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# Activities



WAYNE CARE CENTRE resident Elizabeth Pinkelman has a way to go before calling bingo.

(continued from page 1)

volved in a certain activity, they let me know.

"Many of the activities offer the residents something to look forward to and to get dressed up for."

Susie is quick to thank the many 4-H clubs, church organizations, extension clubs, school children, college students and other individuals who take time out of their busy schedules to share a part of themselves with residents of Wayne Care Centre:

She especially encourages young people to get involved with older residents by volunteering their time and talents.

"You know," says Susie, "the weekly nail care for residents is provided by Liz Lindau, a junior high student from Wayne.

"The residents love young people and to swap stories with them. I think it should be a class requirement. The lessons these young people could learn would be invaluable and just might change many of their misconceptions about "old" people.

"I used to teach school," says Susie, "but now I feel like I'm finely doing what I really want to do. I really feel like I've found by career."

Although she knows her job is important and touches many lives, Susie is quick to reemphasize that it wouldn't be possible without volunteers.

"The volunteers mean a lot more to the residents because they know they are doing

it on their own time, without pay, and they want to be here.

"Sometimes I feel like that volunteers are getting all the serendipity and I'm getting the paperwork."



SUSIE SIEFKEN has served as activities coordinator at Wayne Care Centre for the past two years.

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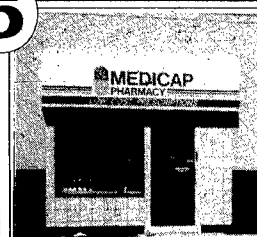
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## Madonna Walsh gets award

Loretta Tighe (left) Regent of the local chapter of the Catholic Daughters of American presents Madonna Walsh of Hubbard with the National Award of Merit for placing second in the 1991 newsletter contest. Walsh is editor of the local Catholic Daughters of American newsletter. The award was presented to Walsh Monday evening during the Catholic Daughters' meeting.

### Five Kids

The Author of two books and a popular after-dinner speaker, Madonna and her husband, Bill, who have been married for 40 years, have five children and 16 grandchildren. They are both retired from farming.

Walsh has also received two awards from the Nebraska Press Association for her column and won second place in the National Catholic Daughters of America Newsletter Contest.

A following is a sample of Walsh's "I Was Thinking," column:

### Super Mom

When my kids went to school they decided I was Super Mom. They volunteered me for everything.

When teacher needed three dozen cookies by tomorrow my kid's hand went up. When she needed someone to drive to the next county, my kid's hand went up. When NASA was looking for someone to walk on the moon, my kid's hand went up.

I asked my friend Gertrude why her kids never volunteered her for anything. "Well," she confided, "The first day they go to school I tell them that each time they volunteer me I will take away one of their Christmas presents. It works every time."

They volunteered me for room mother for 10 years straight. When you are a room mother you get to do birthday parties, field trips and trips to the zoo.

I think field trips are the worst. When you get a bunch of kids in a car they don't try to get along. They fight over the windows. They sit on each other's lunch. One little guy lost his lunch -- all over the back seat. It was awful.

One day I took a car load of second graders to the Circus. They bought gas filled balloons, pennants and sticky cotton candy. We returned home with a car load of germs which later turned into Chicken Pox. While I was involved in all this, that darned Gertrude was settled in her easy chair, eating chocolates and watching "Days Of Our Lives."

Before you know it, your baby is a teenager. For this you need a sense of humor -- or a straight jacket.

When my kids became teenagers I lost some of my invincibility. In fact, I became downright ancient in a few short weeks. The only reason they talked to me at all was to ask for the car keys.

Of course, at 16 they have to learn to drive and as soon as they can drive well enough to keep the car between the ditches they want their driver's license. I just wished they wouldn't pass the test. But they always did. They might flunk high school, but they'll pass the driver's test.

Teenagers love the bathroom. I think they spent more time in there than they did standing in front of the open refrigerator door, inspecting the food. You could always tell which room was the bathroom when you came to our house. There was a line-up outside the door.

One daughter had a love affair with the telephone. Grandpa thought she must have been born with the phone attached.

One day she was angry with me and she wanted to run away from home. She would have, too, but every time she got to the front door the telephone rang.

Super Mom suffered many setbacks when the children were teenagers.

## Walsh chosen runner-up Ms. Senior Nebraska

By James Lempares  
South Sioux City Star

Madonna Walsh of Hubbard, a longtime columnist for a number of northeast Nebraska newspaper, was recently chosen runner-up in the Ms. Senior Nebraska pageant recently in Grand Island.

Madonna represented the Emerson Senior Center.

The contestants in the pageant were judged for talent in music, the arts and homemaking as well as volunteerism and community involvement.

According to Madonna the contestants were also judged for charm, personality, poise and "inner beauty."

Over 500 attended the pageant. The audience got to watch as over 60 contestants participated in the talent and evening gown competition.

Along with the First Runner-up title, Walsh received a bouquet of flowers, a

statuette, a silver bracelet and \$100.

### Cancer

Walsh, a long time columnist for the South Sioux City Star (under the title "I Was Thinking," is currently battling cancer. Although she no longer has the strength to type, she still gets hand-written columns, on the humorous side, to the Star on a weekly basis.

However, the weekly columns in the Star are only the tip of the iceberg for writer Walsh.

Her columns have appeared in several publications including The Catholic Voice, Tekamah Plain-Dealer, O'Neill Independent and the Sioux City Farm to market News.

Her accomplishments are all the more amazing who one considered that Walsh only began her writing career when she turned 50.

## Today's seniors lead next fitness wave

When it comes to fitness, senior citizens are leading the way for the fastest-growing fitness phenomenon-walking. What used to be considered a leisure activity has become the most popular participation sport in America with over 67 million Americans walking for fitness.

Senior citizens have long embraced walking as an excellent way to keep fit. The reason the sport has been so popular with older Americans is the same as why walking is making great strides with other segments of the population: walking is the safest of all aerobic exercises.

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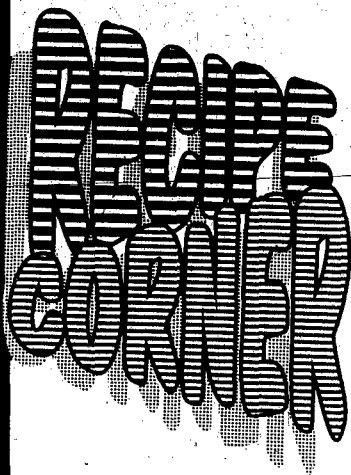
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1 1/2 cups (3 sticks) unsalted butter,  
at room temperature  
3 cups granulated sugar

6 large eggs, separated  
3 cups sifted all-purpose flour  
1/4 teaspoon baking soda  
1 cup sour cream  
2 tablespoons vanilla extract  
Superfine sugar

Preheat the oven to 325°F. Butter a bundt pan.

Using a mixer, beat the butter with the granulated sugar until fluffy. Beat the egg yolks and blend well into the butter mixture.

Sift the flour with the baking soda. Add the dry ingredients to the butter-egg mixture alternately with the sour cream and vanilla.

Beat the egg whites until stiff but not dry. Fold the whites into the cake batter. Turn the batter into the buttered pan.

Bake for 1 1/2 hours, until a toothpick or tester inserted in the center comes out clean. Sprinkle on superfine sugar. Cool in the pan.  
Serves 8-10

### BARBARA BROOK'S BROWNIES

4 ounces unsweetened chocolate  
1 cup (2 sticks) unsalted butter  
2 cups sugar  
1 tablespoon vanilla extract  
4 large eggs, lightly beaten  
1 cup sifted all-purpose flour

Preheat the oven to 325°F. Melt the chocolate with the butter in the top of a double boiler set over barely simmering water. Remove from the heat. Stir in the sugar and vanilla, then the beaten eggs and flour. Mix well. Spread in a 9-inch square greased and floured baking pan. Bake for 25 to 30 minutes. It's okay if the center is a bit gooey, so long as the batter is hot all the way through.

Serves 8-10

The not-too-sweet cookies below are solid enough to be transported easily. The recipe is reproduced from *The Brooklyn Cookbook* (Knopf), by Lyn Stallworth and Rod Kennedy, Jr.

### Elizabeth Van Brunt's Seed Cookies

1/2 cup vegetable shortening  
1/2 cup sugar  
1 egg, beaten  
3/4 cup all-purpose flour  
1/2 teaspoon salt  
1/2 teaspoon vanilla  
Sesame seeds, aniseeds, or caraway seeds

- In a large bowl, blend the shortening and sugar together with a wooden spoon, then stir in the egg.
- Blend in the flour, salt, and vanilla. Chill the mixture for 1/2 hour. Preheat the oven to 350 degrees F.
- Roll marble-sized balls and place them 2 inches apart on lightly greased baking sheets. Gently press a few seeds on each ball. (If you use aniseeds, crush them first.) Dip the tines of a fork in water and flatten each ball.
- Bake for 10 minutes, rotating the pans after 5 minutes, or until the edges just begin to brown. Remove the baking sheets and let the cookies harden for 2 minutes; use a spatula to place them on racks. Makes 48 cookies.

## Innovative design, technology enhances diamonds' brilliance

For centuries, diamonds have symbolized the mystique of romance and the invincibility of true love. The ancient Greeks thought diamonds were the tears of the gods, and likened the inner fire of diamonds to love's passion.

The first diamond engagement ring was presented to Mary of Burgundy in 1477, by her fiancé, Archduke Maximilian of Austria. In recent years, according to the Diamond Information Center, seventy percent of all brides-to-be have been recipients of a diamond engagement ring.

The recent introduction of Royal Cut diamonds provides an exciting option for the '90s: gems that look up to 50 percent bigger and sparkle more brightly than any other diamonds of the same carat weight.

"Some customers want to be the first to flash what appears to be a seven carat diamond ring, and to tell admirers that it is, in fact, a 5 carat Duchess diamond ring. Others won't tell; they'll keep it their own quiet secret, and let family and friends think that it is a bigger diamond," says Glenn Markman, a vice president of Suberi Brothers, the New York diamond jewelry manufacturing company that discovered and now distributes the Royal Cuts.

Innovative design and cutting technology is employed to produce diamonds that are shaped with more width on top, giving them the appearance of being up to fifty percent larger. And, unlike traditionally-cut diamonds, which have only 58 facets, the Royal Family's Empress Cut™, Duchess Cut™, Baroness Cut™, and Grace Cut™ diamonds, have between 62 and 64.

"These special cuts offer a great value and style. And they are flexible enough to be used as center stones and surrounded by traditional baguettes, or combined together to create sophisticated versions of the classics," Markman says.

Suberi Brothers also provides a Certificate of Guarantee for every piece of jewelry that incorporates Royal Cut diamonds, ensuring the quality and authenticity of each gem.

**A BEAUTIFUL SECRET** — This stunning solitaire engagement ring, which appears to be at least five carats, actually features a 3.61-carat Baroness Cut™ diamond from Suberi Brothers' Royal Cut™ family of fancy cut diamonds.

**APPEARING TO BE UP TO FIFTY PERCENT LARGER** than traditionally-cut diamonds, the Royal Cut™ diamonds from Suberi Brothers have a special brilliance. The Duchess Cut™ resembles the popular marquise shape, the Empress Cut™ is pear-shaped, the Baroness Cut™ is an oval shape, the Grace Cut™ resembles a heart-shaped diamond; all have between 62 and 64 facets, rather than the 58 facets of traditionally-cut diamonds.



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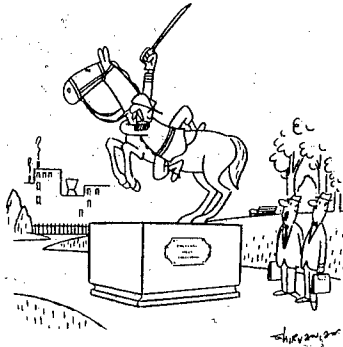
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## LEISURE TIMES

is a special bi-monthly supplement for the senior citizens of Northeast Nebraska inserted in the following newspapers: Cedar County News in Hartington (254-3997), South Sioux City Star (494-4264), and The Wayne Herald (375-2600 or 1-800-672-3416).

"He was a brilliant strategist but not much of a horseman."



# Cavities aren't just kid stuff

"You don't have to brush all your teeth — just the ones you want to keep." A sign carrying this all too true message recently appeared on a wall in a dentist's office.

Starting at an early age, parents admonish their children to "brush their teeth." They know that daily brushing and flossing helps remove plaque and prevents tooth decay. But as older adults, we often forget to take the advice we give to our children and grandchildren. This is a mistake.

As we get older, the body undergoes many changes. Some of these changes are visible, such as the appearance of wrinkles and graying hair. Other changes are not so obvious, such as the sometimes subtle changes occurring in the mouth. Understanding these changes and what can be done about them, is important to maintaining good dental health.

As people age, it becomes harder to keep the teeth clean and white. This is because bacteria, called plaque, builds up on the teeth faster and in greater amounts. Changes in the bone-like tissue that is under the tooth enamel may also cause the teeth to appear slightly darker.

In addition to age-related changes, older people continue to be susceptible to cavities and are more susceptible to gum disease. Older people are notorious snackers. This is good. But every time they eat foods containing sugars and starches, they are at an increased risk of developing cavities. Sugary and starchy foods produce acids that attack the tooth enamel. After repeated attacks, the tooth enamel breaks down and a cavity forms.

"Cavities aren't just kid stuff. The changes that occur with aging make cavities an adult problem, too. Recession of the gums away from the teeth, combined with an increasing incidence of gum disease, can expose tooth roots to plaque. Tooth roots are covered with a softer material than tooth enamel. This

makes them more susceptible to decay. They are also more sensitive to hot and cold.

Decay around the edges of existing fillings is another common problem. Today's older generation grew up without the benefits of fluoride and modern preventive dental care. As a result, they often have a number of dental fillings. Over the years, these fillings weaken and crack. This allows bacteria to creep in around the edges leading to tooth decay.

All of these reasons make it important for older adults to develop good tooth brushing and flossing habits. Thorough brushing and flossing at least once a day, prevents plaque from building up on the teeth. It is a good idea to use a soft-bristled toothbrush and a gently scrubbing or massaging motion to clean the teeth, making sure to hit the inside surfaces, the back teeth and the tongue.

Flossing should follow. Flossing removes plaque from between the teeth and under the gum line — areas where the

# Motorcoach tour good travel buy

A great itinerary at an exceptional price makes Trio Travel's Ozark Mountain Christmas Tour a "best buy" in travel this fall.

The six day motorcoach tour departs Wayne on Nov. 18 and is only \$399 per person, double occupancy. Included in the price are deluxe motorcoach transportation, lodging, baggage handling, five meals, and ten attractions -- a historic tour of Carthage, Precious Moments Chapel, Silver Dollar City, College of the Ozarks, Newborn King Pageant, Christmas lights tour of Branson and Kimberling City, a riverboat dinner cruise, and the Ray Stevens, Shoji Tabuchi, and Louise and Irene Mandrell shows.

"Persons who have enjoyed Branson during the summer and fall will be delighted with its transformation for the Christmas season," according to Becky Keidel who, along with her husband Dick,

will escort the tour. In winter, Silver Dollar City discontinues its rides and displays thousands of lighted evergreens throughout the park, creating a beautiful, tranquil atmosphere.

At Shepherd of the Hills, the outdoor amphitheater which usually features the Shepherd of the Hills plays presents, instead, The Newborn King. It is a moving pageant about the days leading to Christ's birth. In addition to the Christmas lighting displays along Branson's business strip, the city of Branson sponsors beautiful displays along Lake Taneycomo. Neighboring Kimberling City has displays of its own which meet or surpass Branson's in originality and beauty.

Carthage and Kansas City are also featured on the tour. Carthage's entire town square is listed on the National Register of Historic Places and will be part of the historic tour in this town of antebellum mansions. Precious Moments Chapel, Sam Butcher's testimony of faith, is nestled in the hills outside Carthage and will be a stop on the tour.

In Kansas City an evening riverboat dinner cruise is scheduled.

Anyone interested in reserving a space, or in receiving a free brochure, should stop in at Trio Travel, 100 Main in Wayne, or call (402) 375-2670 or 1-800-542-8746.

toothbrush can't reach. If you haven't been in the habit of flossing, it's never too late to start. Your dentist can show you how to floss taking into account any artificial teeth, crowns or bridges you may have.

People who have dexterity problems or physical disabilities may find it difficult to hold onto a toothbrush or a piece of dental floss. Getting a better grip on your toothbrush can be accomplished by a few simple home remedies.

Enlarging the brush handle with a sponge or a rubber ball can make it easier to hold. A piece of wood or popsicle sticks can be tied or taped to the handle to make it thicker or longer. If holding onto floss is a problem, tie it into a loop for easier handling or use a commercial floss holder. New rotary tooth brushes are a good option and work as well as flossing and brushing. Ask your dentist about this device.

It's never too late to begin taking better care of your teeth. A healthy smile and improved appearance will be the result.

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# Walking is serious business to Hartington woman

By Joani Potts  
Cedar County News

HARTINGTON — Jean Carlson of Hartington has enjoyed walking many miles in the past 10 years. But, the mile that may have set a new pace for senior citizens is the mile Jean walked with a leg injury to win the Second Annual Mother's Day Breakfast/Run/Walk in Denver.

Last May, Jean walked a mile in 13 minutes with six stitches in her leg to win the 60-plus category at the annual race. The entry in the run/walk competition was a Mother's Day gift from Jean's daughter, Susan. The night before the contest Jean cut her leg on an open dishwasher at her daughter's house.

"I was in the emergency ward at 9 p.m. on Friday night getting my leg taken care of. My leg hurt a little on Saturday, but, on Sunday it didn't hurt while I was walking," she said.

There were over 1,000 participants in the walk. Age categories included: 12-and-under, 13-19, 20-29, 30-39, 40-49, 50-59 and 60-plus.

Jean, her daughter Susan, and granddaughter Elizabeth also participated in a Family Fun Run/Walk after the first contests. A breakfast and awards ceremony followed the competition.

Jean has had a lot of experience walking. Her small but energetic frame has logged quite a few miles through Hartington on her strolls.

"I walk year round, except on ice. I've been out when it's very hot and I've walked when it's 20 degrees below."

Jean walks an average of two miles a day

**"I walk year round, except on ice. I've been out when it's very hot and I've walked when it's 20 degrees below."**

— Jean Carlson

or 15 miles a week. She has walked in the park, on the highway and just around town.

"I don't use headphones or listen to music. It's just a good time to think or meditate," she said.

Jean walks for the exercise, to help lower a high cholesterol level and for enjoyment.

"I've always liked physical education. I like all sports, but have never been too good at them," Jean said.

Her husband, Leon, walks for leisure, too. The Carlsons have three daughters, three granddaughters and four grandsons.

The couple doesn't stop walking when they're on vacation. "We always get up and get our walk in even when we're vacationing," she said. "You feel so much better when you get up and walk in the morning."

Jean does other exercises besides walking. She had back surgery several years ago and now does special doctor-recommended exercises for her back.

She prefers walking to any other form of exercise.

"Walking is the easiest and cheapest sport



DESPITE AN INJURY, avid Hartington walker Jean Carlson earned first-place honors in a run/walk in Denver last May.

or exercise there is. I think walking at any pace is good. Just getting out and strolling is better than running for me. A person doesn't have to race/walk... just walk."

—Senior Citizen Special—

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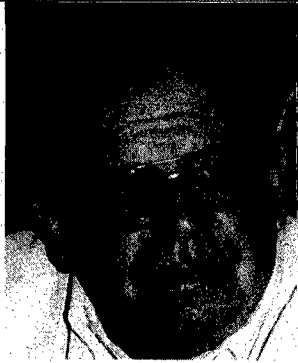
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## Senior Reflections

What was the hottest summer you remember?

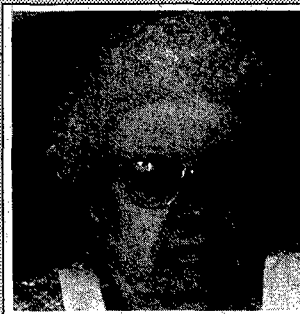
—Compiled by Rose Rolfes



1936. I was 10-years-old. It was so hot the corn turned white in July  
—Glen Beyeler  
Wynot



1936. I don't know how hot it got, but it was hot. The crops didn't look good.  
—Lavinia Wuebben  
Bow Valley



When we were in Neligh 17 years ago, it was so hot we didn't even want to golf or swim. It was just too hot to go outside. We waited until evening to do our work.  
—Bobbi Johnson  
Crofton



1936. Most days were over 100. We were two-and-a-half miles from the River and crops still burnt. We managed one way or the other to stay cool.  
—Ivah Nelson  
Hartington

## Pets play important part in senior's lives

By Joani Potts

Cedar County News

HARTINGTON — Years after the patter of children's tiny feet is but a faint echo, grandparents, widows and widowers enjoy the thud of a pet's furry feet for company and companionship.

Those seniors who once forbid dogs, cats and other pets from the house often find a spot in an empty nest for a four-legged friend.

A watchful dog or a cuddly cat can help occupy lonely hours.

Eighty-nine year-old Myrtle Miller of Hartington says her three-year-old cat, Tommy, keeps her company. She is able to get out less these days because of health problems.

Myrtle enjoys the cat that her children wanted her to have. Tommy is "clean and trimmed good" so he is easy on the furniture, she says.

"I really miss not being able to drive and go places. The cat is kind of quiet but he and visitors help break up the time," she says.

Myrtle also enjoys reading magazines and newspapers. She lost her husband, Glen, 20 years ago. She has been active physically until recently.

Leonard and Evie Loftis of Hartington have had Maggie, a Pekingese dog, for 10 years. Maggie is about 12 years-old. The Loftis' were keeping Maggie for their daughter when Leonard and Maggie became good friends.

The light brown and silky-fur pet is always by Leonard's side. "Maggie helps Leonard keep his mind off his health problems," Evie says.

Loftis, a retired farmer from the Laurel area, has been confined to a walker and chair for five years. Maggie sits on Leonard's lap during the hours he spends in his chair.

"If a stranger comes in and shakes his hand, Maggie is right there to protect him," Evie says.



LEONARD LOFTIS' LIGHT BROWN AND SILKY-FUR PET IS ALWAYS BY HIS SIDE. Maggie helps Leonard keep his mind off his health problems.

Maggie is clean, well groomed and well mannered. "When we take her to get her groomed and she's not here, we miss her," Evie says.

"There was no way I would have had a dog in the house when I was younger. The main reason we have her is because Leonard can't get around and she keeps him company. Leonard is attached to her. A pet is good to have. A pet gets to be a companion."

Pat Feilmeier and daughter Sharon (Shari) Litz of Hartington share their red dachshund's company. The dog, Marvin, spends the day at Pat's house and goes to her daughter's house when she gets home from work.

Both mother and daughter have been widowed and live in houses next to one another. Pat's husband was the late Otto Feilmeier. Sharon's husband was the late Don Litz.

Continued on next page

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# Pets

Continued from previous page

Pat said the 14-year-old Marvin is a loving dog. He has had a home with Pat and Sharon for 10 years.

"When we come home, he greets us. It's nice to have someone waiting for you." During the day, Marvin enjoys being outside, patrolling the block. If it is hot, Marvin finds his way inside. Marvin is clean and well behaved.

Animals are more intelligent than many

people give them credit for, Pat says.

"He absolutely understands. In the morning if I ask him if he has to go to the bathroom, he goes to the door. In the afternoon, I'll ask him if he wants a cookie and he'll go to the kitchen."

"Marvin is so spoiled, he doesn't even know he's a dog," Pat says.

Pat says Marvin is a daily incentive for her and her daughter. "It's someone to get up for, to feed and to take care of."

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# Scrapbooks bring back fond memories of Welk's visits to Neb.

Saturday night was marked in many homes for many years by Lawrence Welk's champagne music. Many of Welk's fans were saddened when he passed away last spring.

Even before going to town every Saturday night during the summer, my family used to watch Welk's bubbly music before we could go.

Maybe the interest in Welk was partially due to his playing at area dance halls early in his career. During the late 1930s to the early 1940s, residents recall his band playing for dances from Yankton to Sioux City and all the smaller towns in between.

When I wrote a story for the Cedar County News several months ago relating Welk's local interest to his national popularity, I found Welk had a place in several area scrapbooks.

Thank goodness someone keeps scrapbooks or many fun memories would be lost.

One person recalled attending "bowery dances" which Welk played at near Menominee. I had no idea what a bowery dance was until then.

A bowery dance takes place on a wooden dance floor made of planks or whatever, set on nail kegs or a kind of platform outside.

Another memory of dances of that era said admission was 25 cents a couple and 10 cents for each additional girl.

It's like I said, it's good that someone keeps scrapbooks because they become historical notes. Mary said in a letter that a park once located in east Hartington was called the Sun Glo Park. I had written a column in the Cedar County News in reference to the attractive park in Hartington. When I looked into history books to find more about the park in east Hartington, I didn't find much information. Thank you, Mary, for writing. I appreciate hear-

## Leisure Thoughts

By Joani Potts  
CEDAR COUNTY NEWS

Maybe parents don't have to wonder about their kids dating these days. Guys were escorting more than one girl into dances during Welk's days.

Mary Schurman of Randolph found newspaper clippings in her scrapbook that indicated dance admission was higher in the 1940s. The clipping reads: "Lawrence Welk...October 16, 1944...Admission \$1.25...Government tax 25%...Total \$1.50.

Another clipping from Mary's scrapbook announced that Bobby Beers, a 17-year-old singer from Iowa was a featured soloist with "the famous Lawrence Welk orchestra" appearing at Skylon Ballroom in Hartington.

ing from you.

Most of the people I talked to recalled Welk being a socializer. He danced and talked to the crowd at every chance, it seemed. They credited some of his popularity to his accent and socializing charm. Both became his trademark.

Nevertheless, it is fun to share memories.

I would encourage anyone to write pleasant memories down or put notes in scrapbooks. There is a lot of personal history lost in our towns if we don't take the time to record some of it.

If you would like to share some of your "Leisure Thoughts", mail them to Joani Potts, Rt. 1, Hartington, NE 68739.

## Planning ahead can reduce struggles when older parent needs care

By Jane Potter, M.D.

LINCOLN — People are living longer today than ever before. Because of this, many adult children in their 50s and 60s are assuming responsibility for the care of aging parents. If the need for care is extensive and unplanned for, it can suddenly disrupt a family's lifestyle. Advance planning and discussion within families, however, can make the transition easier for both the adult child and the aging parent.

Sometimes the need for care happens abruptly and without warning, such as may happen with the sudden death of a spouse or a fall leading to a broken hip. More often, however, the need for extensive care of a change in the living environment is a gradual process. An aging parent may no longer be able to drive, manage the yard work or navigate the stairs in the home.

As people age, maintaining a home can become more difficult. Declining health or the death of a spouse can force older people to make changes in their lifestyles that they are unwilling to make. Adult children may not want to disrupt their family lives by bringing aging parents into their homes, yet feel they have to.

Sometimes, however, because of a person's medical needs or physical disabilities, a nursing home may need to be considered.

There is no single best solution in the care of aging parents. Each situation must be treated on an individual basis taking into consideration the needs and desires of everyone involved.

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It's summer, and everyone is spending more time outdoors. But whether you are playing ball or simply taking a stroll, the likelihood of contact with poisonous plants or stinging insects greatly increases. If this happens, following are some first-aid tips.

A rash caused by poison ivy, poison oak and poison sumac plants is accompanied by a mild to intense itching, burning and swelling, and the affected area will often ooze.

First, immediately wash your skin to minimize the reaction. Then use a topical antihistamine, such as diphenhydramine, to counteract the effect of histamines and relieve itching. Hydrocortisone will reduce swelling and relieve itching, and calamine will cool and soothe the affected area. Your Health Mart pharmacist can recommend a product for your particular situation.

For insect bites, first wash the site thoroughly. If swelling is immediate, apply ice. A topical ointment in a cream or spray will help protect the area, and should contain an antihistamine to relieve the itch and an anesthetic to stop the pain.

As with all drugs, caution should be exercised, particularly if you are using any other antihistamine products. Consult your Health Mart pharmacist about any adverse drug interactions.

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## Osteoporosis

# Not just a woman's disease

Osteoporosis is not a sexist disease taking its toll only on women. Men, too, are at risk of developing this crippling disease. Osteoporosis causes bones to weaken and break as people grow older. The condition is caused by decreasing bone density. As a person ages, the body takes calcium from the bones faster than it can be replaced. This process continues until the bones are so weak they can no longer support the body.

In men, osteoporosis is thought to be caused by a reduction in male hormones due to aging and lifestyle factors, such as chronic alcohol abuse and cigarette smoking. In women, the cause is linked to the loss of estrogen at menopause. The loss of estrogen has a profound effect on a woman's bones. While present, it acts as a protective shield, preventing excessive bone loss. After menopause, however, that shield drops and bone loss is rapid.

For this reason, many doctors now recommend women to begin estrogen replacement therapy at menopause to help prevent or delay the onset of osteoporosis. Estrogen therapy serves to protect the skeleton and has been proven to reduce the risk of fractures by 60 percent.

Although osteoporosis occurs in men, it is eight times more common in women. This is because women generally have thinner, less dense bones than men. During the childbearing years, women who don't consume enough calcium-rich foods

lose calcium from their bones to supply the needs of their developing babies. Women are also less likely than men to eat enough of the calcium-rich foods they need to build and keep their bones strong. This is partly because women usually eat less than men do. But it is also because women are more likely to be on weight loss diets and eliminate the calcium-rich foods they so desperately need.

The early signs of osteoporosis usually show up around age 60. Symptoms include a loss of height, back pain and a slight curvature of the upper back. If the bones in the spine continue to weaken, they can collapse under the weight of the upper body and produce a marked curvature.

The worst effect of osteoporosis is the increased susceptibility to bone fractures, particularly of the forearm, upper arm, back and hip. An estimated 1.3 million bone fractures each year are linked to osteoporosis.

By 90 years of age, one-third of women and one-sixth of men have suffered-hip fractures. Up to one in five die of the injuries and half of the survivors wind up in nursing homes.

Because of the devastating effects of osteoporosis, prevention is the best way to treat the disease. Although osteoporosis cannot be reversed once it develops, steps can be taken to prevent additional bone loss.

The first line of defense is to eat a diet rich in calcium. Low-fat milk and dairy products such as cheese, yogurt and ice cream are good sources of this mineral.

Smoking and a lack of exercise also contribute to osteoporosis. Preventing the development of this disease is another reason older people need to exercise. Exercise helps stimulate formation of new bone. Weight-bearing exercises, such as walking, jogging, dancing and especially weight-lifting serve to strengthen bones.

Before starting an exercise program, however, see your doctor to determine the type and amount of activity to be done. If you have fractures caused by osteoporosis, you may need a less rigorous exercise routine.

Fractures usually occur during falls. Because of this, steps should be taken to eliminate hazards around the home, such as slippery surfaces, loose rugs and electric wires lying on the floor. Rubber mats should be placed in showers and tubs, and handrails should be installed in bath tubs and stairways. Wearing shoes and slippers with low heels and non-slip soles and using a cane or walker if you are unsteady on your feet also can reduce your chances of falling. It is also a good idea for any person who has more than an occasional fall to see a doctor for a general medical check-up.

## Health care reform gets high marks

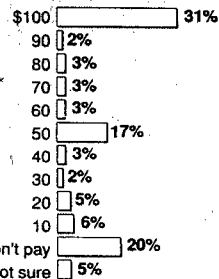
A new survey on health care reform indicates people want a new system and are willing to pay extra for it.

■ Cost of health care is a very serious or fairly serious problem:  
 60% said yes

■ Need to overhaul system to one of national health insurance:  
 59% said yes

■ Should keep current health care structure, but control costs:  
 35% said yes

■ How much would you be willing to pay extra in a nationwide monthly tax for national health insurance?



A survey of 1,004 registered voters conducted April 20-23, 1992; margin of error 3%.  
SOURCE: Peter D. Hart Research Associates

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## Green Acres Residents Get To Observe Animals At Petting Zoo

Members of the Hubbard 4-H group brought animals to the Green Acres Nursing Home last week. The animals will be shown at the Greater Siouxland Fair & Rodeo next week as exhibits. Marty Stewart, whose sons brought their animals to the nursing home, says this is the first time this had ever been done and it will be done in the future. The 4-Hers' also brought their animals to the Matney Colonial Manner that afternoon.

## Survival tips for allergy sufferers

Regardless of where you live, there is no escaping allergies. But don't despair. If you struggle with the seasonal onslaught of a runny nose, itching eyes, scratchy throat and spasms of sneezes, here are a few snuffle-sparing tips to make you breathe easier this season.

- Limit early morning activities. Pollen levels are highest during the first hours of the day, so try taking your power walk in the afternoon instead of first thing in the morning.

- Prevention is the best medicine. You can't escape nature's course. But you can use the simple, effective over-the-counter allergy symptom relievers available. Plan to use an antihistamine about 30 minutes before going outdoors. An antihistamine will prevent the symptoms from occurring, but should be taken prior to exposure to allergens.

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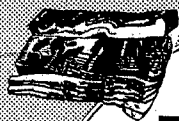
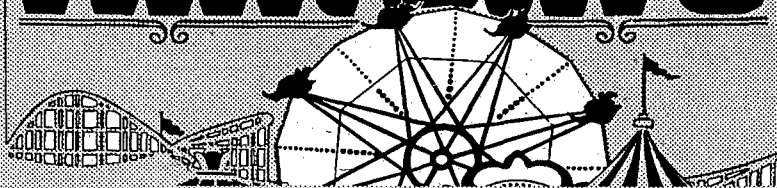


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# Lifeline program at Providence offers peace of mind, reassurance

By LaVon Anderson  
The Wayne Herald

Lifeline — Security. Security — Lifeline.

For many residents of Wayne and the surrounding area, the words Lifeline and security are completely interchangeable.

"My son lives in Kansas and my daughter lives in South Dakota," says Wayne resident Ivadell Olson, "and they're the main reason I hooked up to Lifeline about three years ago."

Although there was no particular incident which convinced Ivadell to become a Lifeline subscriber, she says it did make her children feel better to know that their mother is only a push button away from receiving help.

"Security," echoes Sharyl Luedtke, who helps install the Lifeline equipment for Providence Medical Center. "That's probably the main reason people come to us."

As in Ivadell's case, Sharyl adds that it's often the children who contact the hospital because they want their parents to remain independent, but they also want the peace of mind in knowing that help is close at hand if and when it is needed.

The Lifeline program at Providence Medical Center in Wayne began in 1982 and has more than doubled since that time — from 25 Lifeline transmitters in 1982 to 63 transmitters in 1992.

"We were the second hospital in Ne-

braska to implement the program," points out Sister Monica, who is in charge of the Lifeline at Providence Medical Center. "Now, the program is much more common across the state."

In the event that help is needed, Lifeline users simply push a button on a small device which may be worn around the neck on a chain or attached to a strap at the waist.

Whenever help is needed, 24 hours a day, the push of the button immediately activates the home unit, which is attached to the telephone, and automatically dials the emergency response center at the hospital.

Luedtke points out that Lifeline works even if the phone is off the hook, or during a power failure, and that the signal can be received from a distance as far as 300 feet.

"Once the button is pushed," explains Luedtke, "the hospital immediately calls the person requesting assistance. If no one answers, we contact one of three responders the lifeline user has designated in the event of an emergency."

Once the designated responder locates the Lifeline user, he or she pushes a button which again rings the hospital and signifies that the person calling for help has been located.

"We call back at that point to see if the situation is under control and if more help



SHARYL LUEDTKE, at right, checks over the voice Lifeline used by Wayne resident Ivadell Olson for the past three years.

or an ambulance is needed," says Sharyl. "We take it from there."

See LIFELINE, Page 15

## "Single-Stitch", "No-Stitch" "Small Incision" Cataract Surgery Which one is right for you?

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# Lifeline

(continued from page 14)

In the event that none of the designated responders are available, Sharyl said the hospital contacts the police department and they respond to the call for assistance.

Sharyl points out that voice Lifelines also are available and allow the hospital to talk directly to the patient from a box attached to the telephone.

Although Ivadell has been a Lifeline subscriber for three years, it wasn't until three months ago, after taking a fall in her home, that she actually used the device and experienced its reassurance first-hand.

"I had been to Norfolk with a friend, and when I walked in the door I must have tripped over the rug," recalls Ivadell. "I thought I would just get up, but I soon discovered that I couldn't."

Ivadell, who had left her Lifeline on the kitchen table, said she slid over to the table and immediately pushed the button.

Because she has a voice Lifeline, Ivadell was able to talk to hospital personnel directly and explain what had happened. Within minutes, a responder was on his way.

"I was shook up and I hurt all over," says Ivadell, "but thankfully I didn't need to be hospitalized."

"My children were real happy to think that I had the sense of mind to use the Lifeline."

During the past year, Providence Medical Center has received 25 Lifeline calls for assistance.

"If somebody wants the extra reassurance that a Lifeline provides, all he or she

has to do is call the hospital," says Sharyl, adding that the program is available to persons of all ages.

"All that's required of the person requesting the service is a modular phone outlet and a list of three designated responders."

The Lifeline program at Providence Medical Center is available within a 25-mile radius of Wayne, at a cost of \$15 a month for a non-voice unit and \$17.50 a month for a voice unit.

"A lot of children get Lifeline for their parents as a Christmas or birthday gift," says Sharyl.

"All the person has to do is remember to push the button. We're here to do the rest."

No charge

## Hospice volunteer training offered

Hospice of Siouxland will offer Volunteer Training beginning Thursday, September 10, and continuing through October 15.

The six Thursday afternoon sessions will be held from 12:30 to 4 p.m. in the conference room at Amicare Hospice Services-Office located at 500 11th Street in Sioux City on the following dates -- September 10, 17, 24 and October 1, 8 and 15.

Hospice of Siouxland is a health care organization which provides care for individuals who have a life threatening illness. Volunteers provide respite care in the homes of patients and give emotional support to patients, their families and the bereaved. Volunteers are introduced as friends who can listen and assist in a variety of ways. Volunteers can also serve as a courier running errands, assist in the office or serve on the speaker's bureau or a Hospice committee.

Some of the topics covered in training are Hospice goals, philosophy and services, confidentiality and patient rights, psychological and physical issues surrounding death and dying, communication skills, spiritual needs, bereavement, family dynamics and coping skills, documentation and roles and responsibilities of the Hospice volunteer.

There is no charge for the training. If you are interested in taking the training and becoming a Hospice volunteer, please call 233-1298.

# Kerrey fights for care of veterans

U.S. Senator Bob Kerrey has convinced his colleagues on a Senate Appropriations Subcommittee to fund two projects to assist medical needs of Nebraska veterans.

The two projects, which Kerrey called "vital to our commitment to those men and women who served this nation," consist of \$400,000 for the Geriatric Research, Education and Clinical Center (GREC) at the University of Nebraska Medical Center in Omaha and \$70,000 for a pilot Alzheimer's program to be operated jointly by the Thomas Fitzgerald State Veterans

Home and the Omaha VA Medical Center.

"This is an important step in our fight for the care of Nebraska veterans. The GREC center will help us provide better care for veterans suffering from alcoholism, and the Alzheimer's program will assist veterans and their families deal with this most difficult disease," Kerrey said.

Kerrey noted that he particularly wanted to get funding for the Omaha Geriatric Research Center because the closest GREC's to Omaha are in Madison, Wisconsin, and Salt Lake City, Utah.

Kerrey said that the Alzheimer's program is vital because it meshes efforts from the Nebraska Department of Veterans Affairs, the Nebraska Veterans Council and the Nebraska Department of Public Institutions to help veterans with Alzheimer's sustain themselves out of hospitals and to assist families and caretakers in supporting such veterans.

The recommendation now goes before the full Senate Appropriations Committee. Kerrey is also a member of that committee.

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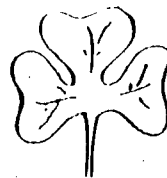


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# Seminar for retirees Aug. 25

Brad Pflueger of the financial-services firm Edward D. Jones & Co. has announced plans for a satellite seminar for retirees Tuesday, Aug. 25, titled "Rising Income Strategies for Retirees."

The program will feature two veterans of the investment industry, each with more than 30 years experience. They are Jack Phelan, retired national sales manager of Edward D. Jones & Co., and Graham Hollway, retired national sales manager of American Funds, one of the nation's oldest and largest families of mutual funds.

"With the recent collapse in interest rates, we believe offering programs like this to our retired customers and friends is crucial," Pflueger said. "The greatest challenge many of these investors face today is trying to replace income by the five-year

decline in short-term rates. For many investors who are retired or who are nearing retirement, this is more than just an academic issue. In some cases, it has significantly reduced their standard of living and quality of life.

"For retirees who have the majority of their investments in money-market accounts or short-term certificates of deposit, the outlook isn't much better," Pflueger added. "According to a recent Wall Street Journal article, someone who retires at age 65 can expect to live an average of 20 more years. Assuming a five percent inflation rate, the cost of living will nearly triple during that time. In other words, in the year 2012, it will take more than \$130,000 a year to buy the lifestyle that costs \$50,000 today."

"We will address these issues and more during the broadcast," Pflueger said. "In addition, Jack and Graham will discuss strategies for building a diversified portfolio to supplement retirees' dwindling incomes."

This is the final seminar in a three-part series hosted by Edward D. Jones & Co. especially for retirees. Baseball Hall of Famer Stan Musial kicked off the series April 28 by sharing anecdotes from his playing days and answering questions about what he's been doing since retirement. Retirees then got an opportunity to hear an election-year update on topics of concern to them during the second broadcast on July 7. The broadcast featured U.S. Sen. Charles Grassley, a member of the Senate's Select Committee on Aging.

Jones will continue the retiree series again next year, and the 1993 program line-up will be announced soon. The firm also offers live satellite programs and videotapes for small-business owners and tax professionals.

Although these programs are free, seating is limited, so call (402) 375-4172 for information and reservations.

Edward D. Jones & Co. traces its roots to 1871. With more than 1,900 offices in 47 states and the District of Columbia, it is the largest investment firm in the nation in terms of number of branches. Its representatives specialize in the needs of retirees, small-business owners and other individual investors.



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